

HDFS-General Option

OSU-Cascades Checklist

Name: _____

ID: _____

HDFS CORE: Required for all Options

- _____ **H 100** Intro. to Public Health (4)
_____ **HDFS 240** Human Sexuality (3)
_____ **HDFS 314** Adult Dev. & Aging (4)
_____ **HDFS 341** Family Studies (4)
_____ **HDFS 360** Critical Thinking in HDFS (4)
_____ **HDFS 361** Applied Research Methods (4)
Prereq: ST 201 & ST 202 or ST 351

HDFS Required Supporting Courses:

- _____ **COMM 218** Interpersonal Comm. (3)
_____ **NUTR 225** General Human Nutrition (3)
_____ **PSY 201** General Psychology (3)
_____ **PSY 202** General Psychology (3)
_____ **SOC 204** Intro. to Sociology (3)
_____ **WR 327** Technical Writing (3)
_____ **ST 201 & ST 202** Principles of Stats (8)

OR

ST 351 Intro to Statistical Methods (4)

HDFS Electives: Choose from below to total min of 11 credits

- _____ **ED 140** Intro to Early Childhood Education (4)
@ COCC only
_____ **HDFS 201** Contemp. Families in U.S. (3)
_____ **HDFS 312** Parenting Research & Appl. (4)
_____ **HDFS 330** Fostering Learning in EC (4)
_____ **HDFS 331** Directed Experience (3)
_____ **HDFS 431** Family, School, & Community (3)
_____ **HDFS 432** Children w/ Special Needs (3)
_____ **HDFS 444** Family Violence & Neglect (4)
_____ **HDFS 447** Families and Poverty (4)
_____ **HDFS 465** Topics in HDFS (3)
(students can take different special topics (HDFS 465) courses to meet elective requirement, however 18 credits worth is the max)

General Option Requirement:

- _____ **HDFS 311** Infant & Child Development (3)
_____ **HDFS 313** Adolescent Development (4)
_____ **HDFS 461** Program Dev & Proposal Writing (WIC) (4)
Prereq: HDFS 360

BACCALAUREATE CORE

Students with AAOT have completed the Skills and Perspectives sections of the Bacc CORE:

SKILLS:

WR I: _____

WR II: WR 327*

Speech: COMM 218*

Math: _____

Fitness: _____

PERSPECTIVES: *No more than 2 depts allowed in perspectives*

PHYS SCI: _____

BIO SCI: _____

PHYS or BIO SCI: _____

Western Culture: _____

Cultural Diversity _____

Lit & Arts: _____

Soc Process & Inst: PSY 201*

Diff, Power & Discr. HDFS 201*

SYNTHESIS: *must be from 2 different depts.*

Contemporary Global Issues HDFS 447*

Science, Tech & Society _____

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Important Numbers: READ THIS

- **180**—total number of credits required to graduate from OSU
- **60**—number of upper division credits required (39 in HDFS)
- **124**—maximum number of credits which can be transferred from a community college
- **45 of last 75** credits must be OSU credits

Important Notes:

- Not all the courses listed are offered each term. Check course guide for availability.
 - Work with your Academic Advisor to create your academic plan.
 - Check the Bacc Core Course Guide for specific courses student may use to fulfill those requirements.
http://osucascades.edu/sites/osucascades.edu/files/Advising/osu_casc_bacc_core_list_1718.pdf
 - It is the student's responsibility to make certain that all prerequisites are met or instructor permission is granted for courses that require one or both of these conditions.
 - Courses required within the major must be completed with a grade of C- or higher, and may not be taken S/U
- **It is the student's responsibility to double check that all requirements are met. The advisor can suggest courses and assist the student in constructing a plan of study, but the student, in the end, is responsible for assuring all requirements for graduation are met.**

NOTES:

