

## **HDFS-Human Services Option**

### OSU-Cascades Checklist

#### **HDFS Core Courses:**

- \_\_\_\_\_ **H 100** Intro. Public Health (4)  
\_\_\_\_\_ **HDFS 240** Human Sexuality (3)  
\_\_\_\_\_ **HDFS 314** Adult Dev. & Aging (4)  
\_\_\_\_\_ **HDFS 341** Family Studies (4)  
\_\_\_\_\_ **HDFS 360** Crit. Thinking in HDFS (4)  
\_\_\_\_\_ **HDFS 361** Applied Research Methods (4)  
*Prereq: ST 201 & ST 202 or ST 351*

#### **HDFS Required Supporting Courses:**

- \_\_\_\_\_ **COMM 218** Interpersonal Comm. (3)  
\_\_\_\_\_ **NUTR 225** Gen. Human Nutrition (3)  
\_\_\_\_\_ **PSY 201** Gen. Psychology (3)  
\_\_\_\_\_ **PSY 202** Gen. Psychology (3)  
\_\_\_\_\_ **SOC 204** Intro. to Sociology (3)  
\_\_\_\_\_ **WR 327** Technical Writing (3)  
\_\_\_\_\_ **ST 201 & ST 202** Statistics (8)  
**OR**  
\_\_\_\_\_ **ST 351** Intro. Statistical Methods (4)

**NAME:** \_\_\_\_\_

#### **HS Option Requirements:**

- \_\_\_\_\_ **HDFS 107** Intro. to Human Services (3)  
\_\_\_\_\_ **HDFS 209** Practicum (90 hrs) (4)  
*Prereq: HDFS 107*  
\_\_\_\_\_ **HDFS 311** Infant & Child Dev. (4)  
**OR**  
\_\_\_\_\_ **HDFS 313** Adolescent Dev & Aging (4)  
\_\_\_\_\_ **HDFS 410** HS Internship (300 hrs) (12)  
*Prereq: HDFS 209*  
\_\_\_\_\_ **HDFS 461** Program Dev & Prop WR (4)  
**(WIC) Prereq: HDFS 360**  
\_\_\_\_\_ **HDFS 462** Skills for HS Professionals (4)

#### **HDFS Electives: 9-12 Credits**

Choose any three (not otherwise taken in the major)

- \_\_\_\_\_ **HDFS 201** Contemp. Families in US (3)  
\_\_\_\_\_ **HDFS 311** Infant & Child Dev. (4)  
\_\_\_\_\_ **HDFS 312** Parenting Research & Appl. (4)  
\_\_\_\_\_ **HDFS 313** Adolescent Development (4)  
\_\_\_\_\_ **HDFS 431** Fam/School/Community (4)  
*Prereq-HDFS 311 or HDFS 313*  
\_\_\_\_\_ **HDFS 432** Children w/Special Needs (4)  
\_\_\_\_\_ **HDFS 444** Fam Violence & Neglect (4)  
\_\_\_\_\_ **HDFS 447** Families in Poverty (4)  
\_\_\_\_\_ **HDFS 465** Special Topics (3)

(students can take different special topics (HDFS 465) courses to meet elective requirements, however 18 credits worth is the max)

**ID:** \_\_\_\_\_

#### **Baccalaureate Core:**

*Students with an AAOT have completed the Skills and Perspectives sections of the Bacc Core:*

#### **Skills:**

**WR I** \_\_\_\_\_

**WR II \*WR 327** \_\_\_\_\_

**SPEECH \*COMM 218** \_\_\_\_\_

**MATH** \_\_\_\_\_

**FITNESS** \_\_\_\_\_

**Perspectives:** *no more than 2 depts. allowed in perspectives*

**PHYS SCI** \_\_\_\_\_

**BIO SCI** \_\_\_\_\_

**PHYS or BIO SCI** \_\_\_\_\_

**WESTERN CULTURE** \_\_\_\_\_

**CULTURAL DIVERSITY** \_\_\_\_\_

**LIT & ARTS** \_\_\_\_\_

**SOCIAL PROCESS & INST \*PSY 201** \_\_\_\_\_

**DIFF POWER & DISCRIMINATION \*HDFS 201** \_\_\_\_\_

**Synthesis:** *must be from 2 different depts*

**Contemporary Global Issues \*HDFS 447** \_\_\_\_\_

**Science, Tech & Society** \_\_\_\_\_

# HDFS- HUMAN SERVICES OPTION

## Important Numbers: READ THIS

- **180**—total number of credits required to graduate from OSU
- **60**—number of upper division credits required (39 in HDFS)
- **124**—maximum number of credits which can be transferred from a community college
- **45 of last 75** credits must be OSU credits

### Important Notes:

- Not all the courses listed are offered each term. Check course guide for availability.
  - Work with your Academic Advisor to create your academic plan.
  - Check the Bacc Core Course Guide for specific courses student may use to fulfill those requirements.  
[http://osucascades.edu/sites/osucascades.edu/files/Advising/osu\\_casc\\_bacc\\_core\\_list\\_1718.pdf](http://osucascades.edu/sites/osucascades.edu/files/Advising/osu_casc_bacc_core_list_1718.pdf)
  - It is the student's responsibility to make certain that all prerequisites are met or instructor permission is granted for courses that require one or both of these conditions.
  - Courses required within the major must be completed with a grade of C- or higher, and may not be taken S/U
- **It is the student's responsibility to double check that all requirements are met. The advisor can suggest courses and assist the student in constructing a plan of study, but the student, in the end, is responsible for assuring all requirements for graduation are met.**

## NOTES:



**Oregon State**