

Sample Plan for Early Childhood Option

	Fall		Winter		Spring		Opportunities
First Year	ALS 199: Academic & Personal Success	2	SOC 204: Introduction to Sociology	3	H 100: Intro to Public Health	4	-Participate in Welcome Week Activities
	WR 121Z: English Composition	4	WR 227Z: Technical Writing	4	COMM 218Z: Interpersonal Comm.	4	-Explore Student Wellness Resources
	HDFS 201: Contemporary Families in U.S	3	PSY 202: General Psychology	4	PSY 201: General Psychology	4	-Set up your Handshake Profile
	HDFS 240: Human Sexuality	3	Bacc Core Literature & Arts	3	HHS 231: Lifetime Fitness for Health	2	-Connect with Career Development Center to discuss career goals and explore careers
	<i>MTH Placement Course (MTH 103/MTH 111)</i>	4	<i>MTH Placement Course (MTH 105/MTH 111)</i>		PAC (Physical Activity Course)	1	-Get to know your professors
	Total Credits	16	Total Credits	14	Total Credits	15	-Complete Cascades Edge tasks each term
Second Year	HDFS 311: Infant & Child Development	4	HDFS 313: Adolescent Development	4	HDFS 314: Adult Development & Aging	4	-Complete Cascades Edge Year 2 Dev.
	HDFS 341: Family Studies	4	Bacc Core Biological Science	4	HDFS 431: Family, School, and Community	3	-Explore Internship, Research, Volunteer, and/or Study Abroad Opportunities
	ST 243Z: Elementary Statistics (<i>or ST 351 for major statistics option</i>)	4	Bacc Core Western Culture	3	ST 202: Principles of Statistics	4	-Attend Career Fairs, Events, and Workshops
	Minor Course or General Elective	4	Minor Course or General Elective	4	NUTR 225: General Human Nutrition	3	-Participate in leadership, clubs, and events
	Total Credits	16	Total Credits	15	Total Credits	14	
Third Year	HDFS 360: Critical Thinking in HDFS	4	HDFS 330: Fostering Learning in Early Childhood Development	4	HDFS 331: Directed Experience in Early Childhood	4	-Meet with Career Development Center to start planning for life beyond OSU-Cascades
	HDFS 447: Families & Poverty	4	HDFS Guided Elective	4	HDFS Guided Elective	3	-Research graduate schools, requirements, and initiate the application prep-process.
	HDFS Guided Elective	4	Minor Course or General Elective	4	Bacc Core Physical Science	4	-Network and make professional connections
	Bacc Core Physical or Biological Science	4	Minor Course or General Elective	3	Minor Course or General Elective	4	-Complete Cascades Edge Career & Self Development activities
	Total Credits	16	Total Credits	15	Total Credits	15	
Fourth Year	HDFS 433: Early Childhood Internship	10	HDFS 361: Applied Research Methods	4	HDFS 461: Program Dev. & Proposal Wr.	4	-Complete Cascades Edge Year 4 Dev. and update linked in with Cascades Edge Badge info.
	Science, Tech, & Society – Bacc Core	3	Minor Course or General Elective	4	Minor Course or General Elective	4	-Complete last minute graduate application process.
	Minor Course or General Elective	3	Minor Course or General Elective	4	Minor Course or General Elective	4	-Begin your job search using VMock to develop you resume.
	Major courses above not yet completed		Major courses above not yet completed		Major courses above not yet completed		-Continue with research and volunteer opportunities
	Complete 180 credits, 60 upper division		Complete 180 credits, 60 upper division		Complete 180 credits, 60 upper division		-Plan for Commencement in June!
	Total Credits	16	Total Credits	16	Total Credits	12	

This is a sample schedule intended for informational purposes only. Students should consult with their OSU academic advisor to create a personalized degree plan.