

ACL Reconstruction Biomechanics Study



Cascades

The OSU-Cascades Functional Orthopedic Research Center for Excellence (**FORCE**) Lab is requesting participants for a study examining lower extremity biomechanics following ACL Reconstruction:

General Inclusion Criteria for Individuals POST ACL RECONSTRUCTION:

- Males and Females 18-55 years of age
- ACL Reconstruction
- Cleared by physician for unrestricted physical activity
- Physically Active (30 minutes of physical activity 3x/week that includes running and/or jumping)

General Inclusion Criteria for Individuals WITHOUT ACL INJURY:

- Males and Females 18-55 years of age
- No history of knee surgery
- Physically Active (30 minutes of physical activity 3x/week that includes running and/or jumping)

Individuals will perform tasks such as running, cutting, and landing tasks during a 60 minute testing session in the OSU-Cascades **FORCE lab** located in The Center. Compensation for participation is \$25 Fred Meyer Gift Card upon completion. If interested in participating, please contact:

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