

Central Oregon Community Resources

Updated Fall 2022

BIPOC ZONE

[Complex\(ion\) Issue 1](#) - Fall 2020 Black Lives Matter in Central Oregon

[HEALING JUSTICE COLLECTIVE OF CENTRAL OREGON](#) - High-quality, accessibly priced, BIPOC-led Services for Emotional, Mental, and physical well-being.

[CENTRAL OREGON BLACK LEADERS' ASSEMBLY](#) (C.O.B.L.A.S) - C.O.B.L.A.S mission is to uplift Black people through programs designed to put them on a path to generational wealth, inclusion, equality. We assist these individuals and families by bridging the gap in employment, housing, safety, health, and education.

[LOVE YOUR NEIGHBOR](#) (NGO) - Founded with a mission to allow Central Oregonians to get to know people of color in the community, the Love Your Neighbor project is a series of community forums and conversations that foster an open exchange of ideas and stories.

[LATINO COMMUNITY ASSOCIATION](#) - Our mission is to empower our Latino families to thrive, creating opportunities for advancement and building bridges that unite and strengthen us all.

[VAMONOS OUTSIDE](#) - Our intention is to connect, engage & inspire our Latinx families & community into the outdoors for all Central Oregon.

[MECCABEND](#) - Mecca Bend is an online directory assistance program that enables the Latinx Community of Central Oregon to find the necessary resources for work support programs, family assistance, education, housing, local events, and much more.

[CENTRAL OREGON DIVERSITY PROJECT](#) (C.O.D.P) - C.O.D.P. is dedicated to uplifting BIPOC voices and experiences, and information that affects our Central Oregon communities. This is achieved through hosting educational events, discussing provoking topics, spreading awareness to the struggles BIPOC face, and bringing those experiences to the table.

[Restorative Justice & Equity \(RJ&E\) Group](#) - The RJ&E Group is a volunteer advocacy group that encourages Bend-La Pine schools to use restorative justice practices to raise academic and social engagement as well as retention and graduation rates for low-income students and students of color. We also utilize restorative justice principles to facilitate Town Hall Symposiums on race for high school students of color.

LOCAL NGO ACTIVIST GROUPS

Invisible Bend - Our mission is to create a grassroots community of activists in Central Oregon who support candidates and policies that advance justice and liberty for all.

Embrace Bend - A safer Central Oregon culture empowered to advocate for diversity, equity, and inclusion. **Meetings & Events**

WOMENS & SOCIAL SERVICES

WORLD MUSE - World Muse inspires individuals to create positive social change from within. Our mission is to celebrate the work and amplify the voices of change makers while providing our community members with inspiration, tools and support to create positive change in their own lives and in our world.

TRACEs Central Oregon - TRACEs is a region-wide partnership in Central Oregon tackling the root causes of major social concerns such as suicide, depression, chronic diseases, incarceration, lost productivity, low performance in schools and more.

SAVING GRACE - Local women's shelter Central Oregon Battering and Rape Alliance provides comprehensive family violence and sexual assault services and promotes the value of living life free from violence.

SHEPHERDS HOUSE - Shepherd's House Ministries is a 501(c)3 Non-Profit serving Central Oregon and beyond. Our mission is to foster lasting life-change in the lives of men and women struggling with trauma and addiction. We also serve the greater homeless community with emergency shelter, food, and supplies.

PLANNED PARENTHOOD - Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education. With or without insurance, you can always come to us for your health care.

MENTAL HEALTH NAMI, THE NATIONAL ALLIANCE ON MENTAL ILLNESS - Is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

LGBTQIA+

HUMAN DIGNITY COALITION - Human Dignity Coalition has been working to advance and safeguard human rights, dismantle oppression, and promote equality for the Lesbian, Gay, Bisexual, Transgender and Queer community in Central Oregon for more than 19 years.

GAY-STRAIGHT ALLIANCE NETWORK OF CENTRAL OREGON - As a way for queer youth and their allies to join forces, areas GSAs are present in many local high schools. For more information, contact the Human Dignity Coalition office listed above.

PARENTS, FAMILIES & FRIENDS OF LESBIANS AND GAYS (PFLAG) - PFLAG provides opportunity for dialogue about sexual orientation and gender identity and acts to create a society that is healthy and respectful of human diversity. PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends through support, education, education, and advocacy to end discrimination and to secure equal civil rights.

OUT CENTRAL OREGON - OUT Central Oregon is committed to developing events to encourage and support community involvement. We promote inclusivity, visibility, and equality.

FINANCIAL & HOUSING & FOOD

NEIGHBORHOOD IMPACT - Our mission is to support people and strengthen communities. Neighborhood Impact has services to help members of the Central Oregon Community facing food insecurities, Emergency Shelter & Rental Assistance, Energy Assistance, Free, and Quality Pre-Kindergarten Education.

THRIVE CENTRAL OREGON - Meeting Central Oregonians in public spaces to connect them with affordable housing and the assistance they need to thrive.

The Giving Plate - As the largest food pantry in central Oregon, serving over 3,500 individuals a month, we are committed to ensuring that our food-insecure neighbors are not only offered the help they need but are served with dignity, compassion, and hospitality.

Salvation Army - Food Pantry | Music Programs | Teach Kids

ST. VINCENT DE PAUL - Food Pantry | Clothing Assistance | Prescription Assistance | Housing Assistance

COMMUNITY INVOLVEMENT

CITY COUNCIL MEETINGS - Council meetings are broadcast the first and third Wednesdays of the month. Work session begins at 5 p.m. Regular meeting begins at 7 p.m.

ENVIRONMENTAL CENTER - Our team works alongside people of all ages, local businesses, and elected officials to create and advocate for meaningful, lasting change. Through unique programs and partnerships, we strive to engage as many people as possible in our mission: To embed sustainability into daily life in Central Oregon.