## B <br> E <br> A <br> E <br> R <br>  <br> A M

## D I N I N G H A L L

## Hours:

Monday - Friday
Breakfast: 8 a.m. - 10 a.m.
Lunch: 11 a.m. -2 p.m.
Dinner: 5 p.m. -7 p.m. Dinner: 3 p.m. -5 p.m.

Saturday
Brunch: 10 a.m. - 2
p.m.

Sunday Brunch: 10 a.m. - 2
p.m.

Dinner: 5 p.m. - 7 p.m.

All Meals Subject to Change Without Notice.
Week 1 (March 31 - April 6), 6 (May 5-11), 11 (June 9-15 Finals Week)
JSLAF 8


## Point

| Day | Entrée | Price | Allergens |
| :--- | :--- | :--- | :--- |
| Monday | Meatloaf w/ Mashed Potatoes \& Glazed Carrots | $\$ 8.75 / \$ 7.88$ | Dairy (Mashed Potatoes) |
| Tuesday | BYO Taco Bar w/ Beef or Chicken, Black Beans \& Spanish Rice | $\$ 8.75 / \$ 7.88$ | May Vary from Customer Selections |
| Wednesday | Gochujang Salmon or Tofu w/ Coconut Rice \& Mixed Roasted Veggies | $\$ 11.75 / \$ 10.58$ Fish, Sesame, Soy |  |
| Thursday | Loaded Baked Potato Bar | $\$ 6.75 / \$ 6.08$ | May Vary from Customer Selections |
| Friday | Blackened Shrimp Tacos w/ Chips \& Salsa | $\$ 9.75 / \$ 8.78$ | Dairy, Shellfish |


| Day | Entrée | Price | Allergens |
| :--- | :--- | :--- | :--- |
| Monday | Vegan Yellow Curry w/ Basmati Rice | $\$ 7.25 / \$ 6.53$ | Coconut, Treenut |
| Tuesday | Cheesy Lasagna Rolls w/ Tomato Sauce, Breadsticks \& Vegetables | $\$ 7.25 / \$ 6.53$ | Dairy, Gluten |
| Wednesday | Chicken Vegetable Stir Fry w/ Udon Noodles | $\$ 8.25 / \$ 7.43$ | Gluten (Noodles), Sesame, Soy, Wheat |
| Thursday | Chicken \& Dumplings | $\$ 7.25 / \$ 6.53$ | Dairy, Gluten, Wheat (Dumpling) |
| Friday | Teriyaki Chicken Rice Bowls | $\$ 7.75 / \$ 6.98$ | Sesame, Soy |
| BCLLCP |  |  |  |

Cascades Grill

| Days | Times |  |  | Days |  | Times |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Tuesday - Thursday 5 |  | 5 p.m. -7 p.m. |  | Friday - Monday Soups |  | Closed |
|  |  |  |  |  |  |  |
| Days | Name | Price | Allergens | Name | Price | Allergens |
| Mon-Fri | 3 Bean Chili | \$4.50/\$4.05 | N/A | Clam Chowder Pi | \$4.50/\$4.05 | Dairy, Gluten, Shellfish, Wheat |


| Day Entrée |  | Price | Allergens |
| :---: | :---: | :---: | :---: |
| Monday, Wednesday, Friday, Saturday, Sunday Persona |  | \$5.95/\$5.36 | Dairy, Gluten, Wheat |
| Tuesday, Thursday $\begin{gathered}\text { Station Closed } \\ \text { Point }\end{gathered}$ |  | \$-----/\$---- |  |
|  |  |  |  |
| Day | Entrée | Price | Allergens |
| Sunday | Chicken Enchiladas w/ Rice \& Veggies | \$7.25/\$6.53 | Dairy, Gluten, Soy, Wheat |
| Monday | Grilled Hoisin Chicken or Tofu w/ Rice \& Steamed Vegetables | \$7.75/\$6.98 | Soy |
| Tuesday | Grilled Chicken Caesar Salad w/ Breadsticks | \$7.75/\$6.98 | Dairy, Fish, Gluten, Wheat (Breadstick) |
| Wednesday | Pesto Cream Manicotti w/ Roasted Vegetables \& Breadsticks | \$8.25/\$7.43 | Dairy, Gluten, Wheat |
| Thursday | BBQ Pork Ribs w/ Roasted Yukon Potatoes \& Steamed Green Beans | \$10.75/\$9.68 | Alcohol, Pork |
| Friday | Vegan Fried Rice w/ Roasted Vegetables | \$6.75/\$6.08 | Sesame, Soy |
| Saturday | Beaver Dam Infamous Bowls | \$9.75/\$8.78 | Dairy (Cheese), Gluten, Wheat (Chicken), Soy (Gray) |

Global

## Station Closed

| Days | Times |  | Days |  | Time |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Mon - Fri | 11 a.m. - 2 p.m. |  | Sat - Sun Soups |  | 12 p.m. - 2 p.m. |
| Days | Name | Price Allergens | Name | Price | Allergens |
| Mon-Fri | Chicken \& Rice | \$4.50/\$4.05 N/A | Corn Poblano Chowder Pi | \$4.50/\$4.05 | Dairy, Gluten |
| Day |  | Entrée |  | Price | Allergens |
| Monday, Wed | dnesday, Friday | Personal Pizzas |  | \$5.95/\$5.36 | Dairy, Gluten, Wheat |
| Tuesday |  | Chipotle Braised Pork | Quesadilla | \$7.75/\$6.98 | Dairy, Pork, Gluten \& Wheat |
| Thursday |  | Cuban Panini W/ Chip |  | \$8.75/\$7.88 | Dairy, Gluten \& Wheat |
| Point |  |  |  |  |  |
| Day | Entrée |  |  | Price | Allergens |
| Monday | Classic Shepherd |  |  | \$7.75/\$6.98 | Dairy, Gluten, Wheat |
| Tuesday | BYO Taco Bar w/ Rice | Chicken or Pork, Refried | Beans \& Cilantro Brown | \$8.75/\$7.88 | Allergens May Vary |
| Wednesday | Thai BBQ Chicke | w/ Jasmine Rice \& Ses | me Carrots | \$7.75/\$6.98 | Coconut, Sesame, Soy, Treenut |
| Thursday | Veggie Pad Thai | w/ Saigon Roasted Tofu |  | \$7.75/\$6.98 | May Vary from Customer Selections |
| Friday | BYO Ramen Bar |  |  | \$10.75/\$9.68 | Gluten, Pork, Sesame, Soy |
| Global |  |  |  |  |  |
| Day | Entrée |  |  | Price | Allergens |
| Monday | Miso Garlic Tofu Rice Bowl w/ Thai Cabbage Salad |  |  | \$7.25/\$6.53 | Sesame, Soy |
| Tuesday | Vegetable Chow Mein |  |  | \$6.75/\$6.08 | Gluten, Sesame, Soy, Wheat |
| Wednesday | Harissa Baked Tofu w/ Quinoa Salad \& Mediterranean Vegetables |  |  | \$6.75/\$6.08 | Soy |
| Thursday | Green Chicken Curry \& Basmati Rice |  |  | \$7.75/\$6.98 | Coconut, Sesame, Treenut |
| Friday | Fried Rice w/ Sweet Chili Chicken \& Vegetables |  |  | \$6.75/\$6.08 | Sesame, Soy |
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| Cascades Grill |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Days Times |  |  | Days |  | Times |
| Tuesday - Thursday 5 p.m. - 7 p.m. |  |  | Friday - Monday |  | Closed |
|  |  |  | Soups |  |  |
| Days | Name | Price Allergens | Name | Price | Allergens |
| Mon-Fri | Chicken \& Rice | \$4.50/\$4.05 N/A | Corn Poblano Chowder Pi | \$4.50/\$4.05 | Dairy, Gluten |
| Day |  | Entrée |  | Price | Allergens |
| Monday, Wednesday, Friday, Saturday, Sunday Persiter |  |  | Personal Pizzas | \$5.95/\$5.36 | Dairy, Gluten, Wheat |
| Tuesday, Thursday |  | Station Closed |  | \$-----/\$----- | ------ |
| Point |  |  |  |  |  |
| Day | Entrée |  |  | Price | Allergens |
| Sunday | Five Spice Roasted Chicken or Tofu w/ Jasmine Rice \& Vegetables |  |  | \$8.25/\$7.43 | Sesame, Soy |
| Monday | Pesto Cheese Ravioli w/ Bread \& Lemon Broccoli |  |  | \$7.25/\$6.53 | Dairy, Gluten, Wheat |
| Tuesday | Blackened Chicken w/ Saffron Pilaf, Zucchini, Onions \& Tomatoes |  |  | \$7.75/\$6.98 | N/A |
| Wednesday | Spaghetti w/ Marinara Meatballs, Breadsticks \& Roasted Broccoli |  |  | \$7.25/\$6.53 | Gluten, Dairy (Topping), Sesame (Breasstick), Wheat |
| Thursday | Chicken or Portabella Fajitas w/ Rice \& Beans |  |  | \$7.25/\$6.53 | Gluten \& Wheat (Tortilla) |
| Friday | Grilled Steak w/ Roasted Potatoes, Zucchini |  |  | \$10.75/\$9.68 | 8Alcohol, Soy |
| Saturday | Chicken Parmesan w/ Pasta \& Dill Herb Carrots |  |  | \$8.75/\$7.88 | Dairy, Eggs, Gluten, Wheat |
|  |  |  | Global |  |  |

## Week 3 (April 14-20), 8 (May 19-25)

J SLAF 8
Cascades Grill


| Day | Entrée | Price | Allergens |
| :--- | :--- | :--- | :--- |
| Monday, Wednesday, Friday | Personal Pizzas | $\$ 5.95 / \$ 5.36$ | Dairy, Gluten, Wheat |
| Tuesday | Loaded Nacho bar | $\$ 7.75 / \$ 6.98$ | Dairy, Pork, Gluten \& Wheat |
| Thursday | Roast Beef Panini w/ Sauteed Onions \& Mushrooms $\$ 8.75 / \$ 7.88$ | Dairy, Gluten \& Wheat |  |
|  |  | Point |  |


| Day | Entrée | Price | Allergens |
| :--- | :--- | :--- | :--- |
| Monday | Chicken Marsala W/ Parsley Butter Penne \& Lemon Broccoli | $\$ 7.75 / \$ 6.98$ | Dairy, Gluten, Wheat |
| Tuesday | BYO Taco Bar w/ Veef or Chicken, Pinto Beans \& Spanish Rice | $\$ 8.75 / \$ 7.88$ | Allergens May Vary |
| Wednesday | Sambal Chicken Fried Rice w/ Sesame Ginger Broccoli | $\$ 7.75 / \$ 6.98$ | Sesame, Soy |
| Thursday | Vegetarian Greek Wrap w/ Mediterranean Tomato Salad | $\$ 7.25 / \$ 6.53$ | Dairy, Gluten, Sesame, Wheat |
| Friday | Sweet Chili Tofu w/ Chinese Rice Noodle \& Vegetable Salad | $\$ 7.25 / \$ 6.53$ | Sesame, Soy |
|  |  | G/abal |  |
| Day | Entrée | $\underline{\text { Price }}$ |  |
| Monday | Cous Cous Salad w/ Crudité \& Grilled Pita | $\$ 7.25 / \$ 6.53$ | Dairgens Wheat |
| Tuesday | Rigatoni Noodles w/ Arrabbiata Sauce \& Breadsticks | $\$ 6.75 / \$ 6.08$ | Dairy, Gluten, Wheat, Sesame |
| Wednesday | Vegan Tofu Jambalaya w/ Fried Okra \& Southern Style Red Beans | $\$ 6.75 / \$ 6.08$ | Soy |
| Thursday | Red Pumpkin Curry w/ Basmati Rice \& Toasted Pepitas | $\$ 7.75 / \$ 6.98$ | Coconut, Treenut |
| Friday | Meat Lasagna w/ Sauteed Carrots \& Breadsticks | $\$ 6.75 / \$ 6.08$ | Dairy, Eggs, Gluten, Pork, |

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Cascades Grill


## Station Closed

## Week 4 (April 21-27), 9 (May 26-June 1)

J SLAF 8
Cascades Grill

| Days <br> Mon - Fri | Times |  | Days | Time |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 11 a.m. - 2 p.m. |  | Sat - Sun | 12 p.m. - 2 p.m. |  |
|  |  |  | Soups |  |  |
| Days | Name | Price Allergens | Name | Price | Allergens |
| Mon-Fri | Vegan Split Pea | \$4.50/\$4.05 N/A | Creamy Cheddar Potato Pi | \$4.50/\$4.05 | Dairy, Wheat |


| Day | Entrée | Price | Allergens |
| :--- | :--- | :--- | :--- |
| Monday, Wednesday, Friday | Personal Pizzas | $\$ 5.95 / \$ 5.36$ | Dairy, Gluten, Wheat |
| Tuesday | Black Bean \& Green Chili Quesadillas | $\$ 7.25 / \$ 6.63$ | Dairy, Pork, Gluten \& Wheat |
| Thursday | Ruben Panini w/ Chips | Point | $\$ 8.75 / \$ 7.88$ |
|  |  |  | Dairy, Gluten \& Wheat |


| Day | Entrée | Price | Allergens |
| :---: | :---: | :---: | :---: |
| Monday | Argentine Chicken w/ Chimichurri, Wild Rice Pilaf \& Grilled Zucchini | \$8.25/\$7.43 | N/A |
| Tuesday | BYO Taco Bar w/ Chicken or Pork, Cumin Black Beans \& Lime Rice | \$8.75/\$7.88 | Allergens May Vary |
| Wednesday | BYO Mediterranean Bowls | \$9.25/\$8.33 | Allergens May Vary |
| Thursday | Grilled Yellowfin Tuna or Tofu w/ Wild Rice Pilaf \& Mediterranean Salad\$11.75/\$10.58Dish, Dairy (Topping), Soy (Tofu) |  |  |
| Friday | BYO Ramen Bar | \$10.75/\$9.68 | Allergens May Vary |
| Global |  |  |  |
| Day | Entrée | Price | Allergens |
| Monday | Roasted Vegetarian Lasagna w/ Broccoli \& Bread | \$7.25/\$6.53 | Dairy, Wheat |
| Tuesday | Portobello Stroganoff w/ Gamelli Pasta \& Glazed Carrots | \$7.25/\$6.53 | Dairy, Gluten, Wheat |
| Wednesday | Shrimp Scampi w/ Vegetable Rice Pilaf \& Lyonnaise Carrots | \$9.75/\$8.78 | Dairy, Shellfish |
| Thursday | Bangkok Red Chicken Curry w/ Rice | \$7.75/\$6.98 | Coconut, Sesame, Treenut |
| Friday | Chicken Parmesan w/ Roasted Broccoli | \$8.75/\$7.88 | Dairy, Gluten, Wheat |

Cascades Grill


## Station Closed

# Week 5 (April 28-May 4), 10 (June 2-8) 

J SLAF 8
Cascades Grill

| Days | Times | Days |  |  | Time |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Mon - Fri | 11 a.m. - 2 p.m. | Sat-Sun |  |  | 12 p.m. - 2 p.m. |
|  |  | Soups |  |  |  |
| Days | Name | Price Allergens | Name | Price | Allergens |
| Mon-Fri | Vegetable Barley | \$4.50/\$4.05 Gluten | Chicken Tortilla Pi | \$4.50/\$4.05 | N/A |
| Day |  | Entrée |  | Price | Allergens |
| Monday, Wednesday, Friday |  | Personal Pizzas |  | \$5.95/\$5.36 | Dairy, Gluten, Wheat |
| Tuesday |  | Chicken \& Green Chili Quesadillas |  | \$7.25/\$6.63 | Dairy, Gluten, Wheat |
| Thursday |  | Italiano Supremo Toastie Wrap w/ Chips |  | \$9.25/\$8.33 | Dairy, Pork, Gluten \& Wheat |
|  |  |  |  |


| Day | Entrée | Price | Allergens |
| :--- | :--- | :--- | :--- |
| Monday | BBQ Chicken w/ Mac n' Cheese \& Corn Pepper Medley | $\$ 8.75 / \$ 7.88$ | Alcohol (BBQ Sauce), Dairy, <br> Gluten, Wheat |
|  |  |  | $\$ 8.75 / \$ 7.88$ |
| Tuesday | BYO Taco Bar w/ Beef or Chicken, Pinto Beans \& Cilantro Lime Rice |  | $\$ 8.75 / \$ 7.88$ |
| Dairy, Gluten, Soy, Wheat |  |  |  |
| Wednesday | Gyros Pita \& Mediterranean Chickpea Salad |  | $\$ 12.75 / \$ 11.45 \mathrm{~N} / \mathrm{A}$ |
| Thursday | Sweet Chili Glazed Salmon w/ Sesame Rice \& Lemon Broccoli |  | $\$ 7.25 / \$ 6.53$ |
| Friday | Kalua Pork Bowls w/ Coconut Rice |  |  |


| Day | Entree | Price | Allergens |
| :--- | :--- | :--- | :--- |
| Monday | Vegan Roasted Yam Red Curry w/ Basmati Rice | $\$ 7.25 / \$ 6.53$ | Coconut, Treenut |
| Tuesday | Cheese Manicotti w/ Marinara Sauce \& Zucchini | $\$ 7.25 / \$ 6.53$ | Dairy, Gluten, Wheat |
| Wednesday | Spaghetti \& Meatballs w/ Marinara Sauce \& Roasted Broccoli | $\$ 8.25 / \$ 7.43$ | Dairy, Gluten, Sesame, |
|  |  |  | Wheat |
| Thursday | Hummus Duet w/ Grilled Pita \& Crudité | $\$ 6.75 / \$ 6.08$ | Dairy, Gluten, Wheat |
| Friday | Romesco Cauliflower w/ Lemon Herb Gemelli Pasta \& Parmesan Zucchini | $\$ 7.25 / \$ 6.53$ | Dairy, Gluten, Wheat | BGLLCP8

Cascades Grill


## BREAKFAST:

Grab \& Go

| Name | Price | Allergens |
| :---: | :---: | :---: |
| Meat Breakfast Burrito | \$6.00/\$5.40 | Dairy, Egg, Pork, Gluten, Wheat |
| Veggie Breakfast Burrito | \$6.00/\$5.40 | Dairy, Egg, Gluten, Wheat |
| Meat Breakfast Sandwich | \$5.00/\$4.30 | Dairy, Egg, Pork, Gluten, Wheat |
| Veggie Breakfast Sandwich | \$5.00/\$4.30 | Dairy, Egg, Gluten, Wheat |
| Made To Drder |  |  |
| Name | Price | Allergens |
| Omelets/Egg Scramble | \$6.00/\$5.40 | Egg, Dairy (Optional) |
| Bacon Bits, Peppers, onions, Mushrooms, Tomatoes, Spinach, Add Avocado (+\$1.25) |  |  |
| One (1) Egg | \$1.00/\$0.90 | Egg |
| Breakfast Sides |  |  |
| Name | Price | Allergens |
| One Sausage Link | \$0.85/\$0.77 | Pork |
| One Veggie Sausage Patty | \$2.00/\$1.80 | Soy |
| One Bacon Slice | \$1.00/\$0.90 | Pork |
| Potatoes | \$1.00/\$0.90 | N/A |
| Country Potatoes / Country Potatoes |  |  |
| Cheese | \$1.00/\$0.90 | Dairy |

## GRILL:

| Name | Price | Allergens |
| :---: | :---: | :---: |
| Burger | \$6.50/\$5.85 | Gluten, Wheat (Bun) |
| Veggie Burger | \$6.50/\$5.85 | Gluten, Soy, Wheat |
| Chicken Strips | \$6.50/\$5.85 | Gluten, Wheat |
| Chicken Sandwich Grilled or Crispy | \$6.50/\$5.85 | Gluten, Wheat |
| Mozzarella Sticks w/ House Red Sauce | \$7.75/\$6.98 | Dairy, Gluten, Wheat |
| Grilled Cheese Sourdough \| Wheat | $\$ 4.25 / \$ 3.83$ <br> (Udi's Bread) | Dairy, Gluten |
| French Fries Regular / Cajun | \$3.00/\$2.70 | Gluten, Wheat (Same Fryer as Chicken Strips) |
| Sweet Fries Regular / Cajun | \$3.00/\$2.70 | Gluten, Wheat (Same Fryer as Chicken Strips) |
| Tater Tots Regular / Cajun | \$3.00/\$2.70 | Gluten, Wheat (Same Fryer as Chicken Strips) |
| Sliced Cheese | \$1.00/\$0.90 | Dairy |
| Cheddar \| Pepper Jack | Swiss |  |  |

