# BS in TRAL with Option in Adventure Leadership Education

**SAMPLE CURRICULUM 2024-2025**

<table>
<thead>
<tr>
<th>FIRST YEAR</th>
<th>SECOND YEAR</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FALL</strong></td>
<td><strong>WINTER</strong></td>
</tr>
<tr>
<td><strong>COMM 111Z (4 cr)</strong>&lt;br&gt;Public Speaking&lt;br&gt;(Taught Fall, Winter)&lt;br&gt;or&lt;br&gt;<strong>COMM 114 (3 cr)</strong>&lt;br&gt;Argument &amp; Critical Discourse&lt;br&gt;(Taught Spring)</td>
<td><strong>TRAL 115/118 (3 cr)</strong>&lt;br&gt;Outdoor Living Skills + Lab</td>
</tr>
<tr>
<td><strong>WR 121Z (4 cr)</strong>&lt;br&gt;Composition I&lt;br&gt;(Taught Fall, Winter, Spring)</td>
<td><strong>TRAL 111 (2 cr)</strong>&lt;br&gt;Intro. to Canoeing</td>
</tr>
<tr>
<td><strong>MTH 105Z (4 cr)</strong>&lt;br&gt;(Taught Winter) or&lt;br&gt;<strong>MTH 111Z (4 cr)</strong>&lt;br&gt;Precalculus I: Functions&lt;br&gt;(Taught Fall, Winter &amp; Summer)</td>
<td><strong>TRAL 110 (2 cr)</strong>&lt;br&gt;Intro. to White Water Kayak</td>
</tr>
<tr>
<td><strong>PERSPECTIVE</strong>&lt;br&gt;Western Culture</td>
<td>&lt;br&gt;<strong>TRAL 132 (3 cr)</strong>&lt;br&gt;Foundations &amp; History of Outdoor &amp; Adv. Prof.</td>
</tr>
<tr>
<td><strong>WR 227Z (4 cr)</strong>&lt;br&gt;Technical Writing&lt;br&gt;(Taught Winter &amp; Spring)</td>
<td><strong>HHS 231 (2 cr)</strong>&lt;br&gt;Lifetime Fitness for Health&lt;br&gt;(Taught Fall, Winter, Spring)</td>
</tr>
<tr>
<td><strong>PERSPECTIVE</strong>&lt;br&gt;Social Processes &amp; Institutions&lt;br&gt;(see bacc core guide)</td>
<td><strong>PERSPECTIVE</strong>&lt;br&gt;Additional Science (Physical or Biological)&lt;br&gt;(see bacc core guide)</td>
</tr>
<tr>
<td><strong>PERSPECTIVE</strong>&lt;br&gt;Physical Science&lt;br&gt;(see bacc core guide)</td>
<td><strong>PERSPECTIVE</strong>&lt;br&gt;Additional Science (Physical or Biological)&lt;br&gt;(see bacc core guide)</td>
</tr>
</tbody>
</table>

**NOTES:**<br>Shaded courses are part of the ALE Option
## BS in TRAL with Option in Adventure Leadership Education
### SAMPLE CURRICULUM 2024-2025

### THIRD YEAR

<table>
<thead>
<tr>
<th>FALL</th>
<th>WINTER</th>
<th>SPRING</th>
</tr>
</thead>
</table>
| TRAL 353 (4 cr)  
Nature Eco-Adv  
Tourism | TRAL 270 (1 cr)  
Pre-Internship | TRAL 377 (5 cr)  
Expeditions I (Water) |
| TRAL 375 (4 cr)  
Experiential  
Education (WIC) | TRAL 370 (4 cr)  
Design Mgmt. OD  
Experience | TRAL 375 (4 cr)  
Experiential  
Education (WIC) |
| TRAL 357 (3 cr)  
Parks and Protected  
Areas Mgmt. | TRAL 493 (4 cr)  
Environmental  
Interpretation (online) | TRAL 476 (3 cr)  
Risk Management in  
TRAL |
| PERSPECTIVE  
Literature & Arts  
(see bacc core guide) | SYNTHESIS  
Science, Technology &  
Society | SYNTHESIS  
Contemporary Global  
Issues |
| FW 350 (3 cr)  
Endangered Species | TRAL 410 (6 cr)  
Internship | SUS 350 (4 cr)  
Sustainable  
Communities |
| Elective Course | [ SUMMER TERM ]  
TRAL 410 (6 cr)  
Internship | Elective Course |
| | | | |

### FOURTH YEAR

<table>
<thead>
<tr>
<th>FALL</th>
<th>WINTER</th>
<th>SPRING</th>
</tr>
</thead>
</table>
| TRAL 374 (3 cr)  
Outdoor & Adventure  
Education | TRAL 476 (3 cr)  
Risk Management in  
TRAL | Elective Course |
| TRAL 479 (3 cr)  
Nature & the Human  
Experience | TRAL 479 (3 cr)  
Nature & the Human  
Experience | Elective Course |
| TRAL 377 (5 cr)  
Expeditions I (Water) | TRAL 379 (10 cr)  
Expeditions II (Land) |
| TRAL 370 & 260.  
Co-req: TRAL 379 | Preq: TRAL 132 & 215 |
| Preq: TRAL 280 or TRAL 375 | | |
| | | | |
| TRAL 377 & 260.  
Co-req: TRAL 379 | | | |
| Preq: TRAL 370  
Co-req: TRAL 377 | | | |
| Preq: TRAL 370 & 260.  
Co-req: TRAL 379 | | | |
| Preq: TRAL 132 & 215 | | | |
| | | | |