

MASTER OF COUNSELING

BEND, OREGON



Oregon State University
Cascades

Counselors play an important role in helping people of all ages manage trauma, anxiety, stress and more. Through a combination of academic knowledge and theory, multicultural counseling, social justice education and firsthand experience in our counseling clinic or partner schools, OSU-Cascades' Master of Counseling program will prepare you to guide others in a clinical mental health or school setting.

Become an agent of change

Advocate for the social, psychological and physical well-being of individuals, families and communities. The exceptional faculty at OSU-Cascades will mentor, guide and inspire you. Find the program that fits you best — we offer two- or three-year options.



Dive into your chosen field

Build relationships and practice your skills before you graduate through practicum and internship placement in a mental health setting or K-12 school.



Give back to the community

OSU-Cascades' on-site clinic offers free mental health services to the Central Oregon community. Working closely with university faculty and clinical supervisors, students in the clinical mental health program will gain real-world experience helping patients address their challenges while receiving valuable feedback and guidance.



Build camaraderie

The MCoun program at OSU-Cascades follows a cohort model. As you learn with fellow counseling students, you'll make connections, develop friendships and create a professional network that will last a lifetime.

Your second home

Study and discover at our modern campus near downtown Bend, nestled among ponderosa pine trees and surrounded by mountains. When you're ready to explore, head to the slopes, rivers, hiking trails and wilderness of Central Oregon's high desert.

Choose your path from here

Students who graduate with a Master of Counseling degree from OSU-Cascades go on to work in community agencies, treatment programs, community colleges, counseling centers and schools. It's a career you can be proud of.

Our students make an impact

“The program helped me develop the necessary skills to work with K–12 students in meeting their social, emotional and academic needs.”

— Zanna Denison, '22
Elementary school counselor

The Facts

Sample core curriculum

- Practicum in Counseling
- Social and Cultural Perspectives in Counseling
- Addiction Theories, Prevention and Treatment
- Counseling Identity, Practice and Ethics
- Lifestyle and Career Development
- Crisis, Suicide, Grief and Threat Interventions for Counselors
- Counseling Internship
- Full curriculum at osucascades.edu/academics/counseling/curriculum

Clinical mental health curriculum

- Foundations of Mental Health Counseling
- Trauma-Informed Counseling
- Introduction to Clinical Supervision and Consultation

School counseling curriculum

- Leadership of School Counseling Programs
- Supporting Diverse Populations in K-12 Schools
- School Counselor Consultation and Supervision

Application deadlines

- Application opens: Mid-September
- Application deadline: December 1
- First round decisions made: Mid-January
- Interviews held: Mid-February
- Final decisions made: Mid-March

Application checklist

- Online application form
- Official transcripts of all previous academic work
- Resume
- Teachers Standards and Practices Commission character questionnaire
- Application questions

Tuition and financial aid

- Tuition for the 2025–2026 academic year will be available summer 2025. Estimated tuition and fees for 2024–2025 is available at osucascades.edu/academics/counseling/tuition.
- Some scholarships are available through OSU. Most students fund their degree through a combination of scholarships, savings, federal loans and other programs (e.g., VA benefits).

Contact Us

Master of Counseling

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[OSUcascades.edu/counseling](https://osucascades.edu/counseling)

