

DISCOVERY DAY KEYNOTE PRESENTATIONS

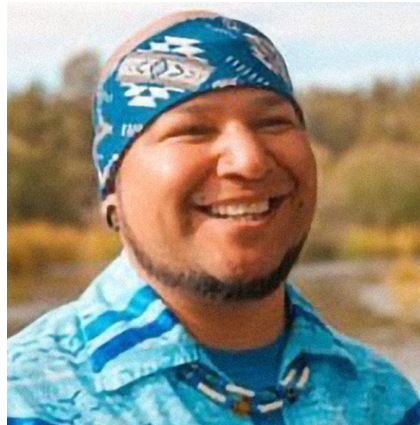


YOU ARE WHAT YOU CLICK: SOCIAL MEDIA AND YOUR MENTAL HEALTH

10-10:50 A.M. | TYKH 111

Brian Primack MD, Ph.D., MS, EdM
Dean, OSU College of Public Health

Social media provides connection and belonging, right? Not always. Explore what it means to live in balance with social media.



ALIVE, LIVING & THE PURSUIT

12 - 12:50 P.M. | RAYH, ATRIUM

Jefferson Greene
Executive, Columbia River Institute for Indigenous Development

Learn how Native American communities lived in harmony with their environment and how today, conditions disconnect us from enlightenment, presence and support.



HOW BATS INSPIRED RADICAL CONSERVATION COLLABORATIONS

2-2:50 P.M. | TYKH 111

Tom Rodhouse
Co-Director, OSU-Cascades Human and Ecosystem Resiliency and Sustainability Lab

These flying mammals are powerful forces in the ecosystem. Learn how they have inspired innovative scientists to look at how we protect other natural life, too.

Saturday, October 7

OSU-Cascades presents
NATIVE AMERICAN CELEBRATION
Friday Oct 6, 6-8pm
Saturday Oct 7, 11am-6pm
Two days of conversation & culture featuring: leaders from the Confederated Tribes of Warm Springs, Black Lodge Singers, Lincoln's Pow Wow, Native artists, a traditional salmon bake & MORE
Artist Demonstrations | Delicious Food | Live Entertainment
free and open to the public
OSU-Cascades

SATURDAY, OCTOBER 7
DISCOVERY DAY
10 AM - 4 PM
FREE
EXPLORATION AND FUN FOR ALL AGES
• KEYNOTE SPEAKERS
• DEMONSTRATIONS
• FOOD, DRINKS
• KIDS ACTIVITIES
OSUcascades.edu/discoveryday
Oregon State University Cascades

First Peoples of Central Oregon Cultural Celebration

Experience and honor the history and traditions of the Confederated Tribes of Warm Springs.

Discovery Day

Exploration and fun for all ages! Talks, research demos and hands-on activities that showcase OSU's growing campus in Bend.

These events were made possible thanks to
Confederated Tribes of Warm Springs
Oregon State University Extension Service.

All Day

10 A.M. – 4 P.M.

Info Booth

Bruckner Courtyard
Say hello, pick up a schedule. Enter raffle to win a basket of OSU goods!

Visit the Welcome Center

TYKH, Lobby
What majors do you offer? When should I apply? Meet student ambassadors who can answer these questions and more.

Campus Expansion Exhibit

TYKH 205
Explore plans to create a 128-acre campus for up to 5,000 students. Learn why OSU-Cascades is called one of the most innovative university development projects in the country.

Spin the Drink Wheel

Bruckner Courtyard
How much sugar is in your drink? Spin the wheel with OSU Extension's nutrition experts to find out!

Ride a Smoothie Bike

Bruckner Courtyard
Pedal your way to a healthy treat, courtesy of our transportation and parking experts and OSU Extension's nutrition program.

Kids' Fun Zone

Bruckner Courtyard
Rock Climbing Wall
Inflatable Obstacle Course
Face Painting
Giant Jenga
Giant Connect Four
Tie-Dye T-Shirts

Exhibit: Oregon's Native Bees

TYKH, Lobby
The quest to find every kind of bee in Oregon takes mellittologists and backyard bee lovers alike.

Self-Tour: Public Art on Campus

Campus-wide
Nearly 40 pieces of art are on display in and outside of campus buildings. Visit OSUcascades.edu/public-art.

Talks, Tours, Demos and Activities

KEYNOTE

10-10-50 A.M. You Are What You Click: Social Media and Your Mental Health

TYKH 111
Brian Primack MD, Ph.D., MS, EdM, Dean, OSU College of Public Health
Social media provides connection and belonging, right? Not always. Explore what it means to live in balance with social media.

10 A.M. - 12 P.M.

Fun in the Sun: S'More Solar Ovens

Bruckner Courtyard
Cook yourself a s'more, thanks to the sun and helpful energy systems engineering students.

10 A.M. - 1 P.M.

The Amazing Human Body

RAYH 212-214
A life-size 3-D digital model of the human anatomy. Test your strength, reflexes and balance.

10 A.M. - 1 P.M.

FORCE Biomechanics Lab Demos

RAYH, lower level
Learn about the innovative technology in the FORCE Lab and how it advances human performance research and injury prevention studies.

10:30 - 11 A.M.

Tour the Makerspace

RAYH first floor
This creative space provides fabrication experience for students in degrees from art to engineering, and serves industry clients, too.

11 A.M.

Opening Ceremony and History

RAYH Atrium
Jefferson Greene and Ray "Captain" Moody
Experience and honor the history and traditions of the Confederated Tribes of Warm Springs.

11 - 11:30 A.M.

Lead like a Beaver: Personality and Leadership Styles

TYKH 207
Take a fun personal skills assessment that will give you insight into your style of leading and your career.

11 - 11:30 A.M.

Mindful Coloring. It's Not Just for Kids

TYKH 211
Find out how coloring creates inner calm and relaxation for adults, too, guided by Student Wellness staff.

11 - 11:30 A.M.

Robot Races and Adventures

OBSN, 2nd floor
Bring your mobile phone or use a tablet to control fast-moving, rolling Sphero robots. Race your friends or learn how to program the robots to race on their own.

11 - 11:30 A.M.

Campus Tour

TYKH Welcome Center, first floor
Join a student ambassador and learn about your growing university campus.

11:30 A.M. - 12 P.M.

Tour the Makerspace

Makerspace, Edward J. Ray Hall, First Floor
Equipped with 3D printers, engravers, sewing machines, and a CNC mill, this creative space provides fabrication experience for students in degrees from art to engineering, and now it serves clients in industry, too.

11:30 A.M. – 3 P.M.

Native Artist Demonstrations

RAYH Atrium
Bead workers, drum makers, basket weavers, moccasin maker, painters will be joined by staff from the Warm Springs Museum.

KEYNOTE

12 – 12:50 P.M.

Alive, Living & The Pursuit

RAYH, Atrium
Jefferson Greene, Executive, Columbia River Institute for Indigenous Development

Learn how Native American communities lived in harmony with their environment and how today, conditions disconnect us from enlightenment, presence and support.

1 - 1:30 P.M.

Robot Races and Adventures

OBSN, 2nd floor
Bring your mobile phone or use a tablet to control fast-moving, rolling Sphero robots. Race your friends or learn how to program the robots to race on their own.

1 - 1:30 P.M.

Campus Tour

TYKH, Welcome Center, first floor
Join a student ambassador and learn about your growing university campus.

1 - 1:50 P.M.

Coffee with the Chancellor

OBSN, Study Grounds, first floor
Meet OSU-Cascades Chancellor and Dean Sherm Bloomer. He is delighted to meet Central Oregon community members and Beavers, too.

1 - 1:30 P.M.

Lead like a Beaver: Personality and Leadership Styles

TYKH 207
Take a fun personal skills assessment that will give you insight into your style of leading and your career.

1 - 1:30 P.M.

Mock Lecture: Harnessing Fear and Greed

TYKH 209
Business instructor Todd Laurence's mock lectures are popular with prospective students and parents - and fun for the rest of us, too!

1 - 1:30 P.M.

Mindful Coloring. It's Not Just for Kids

TYKH 211
Find out how coloring creates inner calm and relaxation for adults, too, guided by Student Wellness staff.

1:30 - 2 P.M.

Tour the Makerspace

RAYH, First Floor
This creative space provides fabrication experience for students in degrees from art to engineering, and serves industry clients, too.

KEYNOTE

2 - 2:50 P.M.

How Bats Inspired Radical Conservation Collaborations

TYKH 111
Tom Rodhouse, Co-Director, OSU-Cascades Human and Ecosystem Resiliency and Sustainability Lab
These flying mammals are powerful forces in the ecosystem. Learn how they have inspired innovative scientists to look at how we protect other natural life, too.

2 - 2:30 P.M.

Tour the Makerspace

Makerspace, Edward J. Ray Hall, First Floor
Equipped with 3D printers, engravers, sewing machines, and a CNC mill, this creative space provides fabrication experience for students in degrees from art to engineering, and now it serves clients in industry, too.

3 - 4 P.M.

Native Dancing

Bruckner Courtyard
Lincoln's Pow Wow Committee

4 - 5 P.M.

Traditional Native Salmon Bake

Bruckner Courtyard
Registration required. See QR code.

5 - 6 P.M.

Bruckner Courtyard Singing and Round Dance Black Lodge Singers

A Native American, Grammy-nominated drum group with more than 30 albums, led by Kenny Scabby Robe of the Blackfeet Nation and includes many of his sons.

Native Flavors Oregon's Bounty

Twisted Teepee Frybread

11 a.m. – 2 p.m.

Location - Near Bruckner Courtyard

Lunch

12 – 2 p.m.

Location - Obsidian hall

• Marionberry Ricotta Grilled Cheese

• Hazelnut and Pear Salad

Prepared by OSU-Cascades Beaver Dam Chefs.

Traditional Native Salmon Bake

4 – 5 p.m.

Location - Bruckner Courtyard

Enjoy a traditionally prepared meal featuring salmon sole source caught in the Columbia River by Salmon King Fisheries, a company owned by a member of the Confederated Tribes of Warm Springs. The salmon will be cooked on grills and served with traditional side dishes.

\$10 per person



Scan to register.

OSU Land Acknowledgement

"Oregon State University recognizes the impact that its land grant history had on Indigenous communities in Oregon."

oregonstate.edu/land-acknowledgement

TYKH - Tykeson Hall

RAYH - Edward J. Ray Hall

OBSN - Obsidian Hall

FPCO - First Peoples of Central Oregon Cultural Experiences