

## Human Development and Family Sciences Human Services Option

### 4-Year Sample Plan

*This is a sample schedule intended for informational purposes only. Students should consult with their OSU academic advisor to create a personalized degree plan*

Fall		Winter		Spring		
WR 121: English Comp. ALS 199: U-Engage Elective Math 105 or MTH 111 HDFS 201: Contemp. Families Bacc Core: Lit and Arts	4 2 4 3 3	COMM 218: Interpersonal Comm SOC 204: Intro. to Sociology ST 201: Principles of Statistics Bacc Core: Western Culture	3 3 4 4	HHS 231: Lifetime Fitness for Hlth. PAC: Fitness Activity ST 202: Principles of Stats H 100: Intro to Public Health WR 327: Technical Writing	2 1 4 4 3	YEAR 1
Total Credits	16	Total Credits	14	Total Credits	14	
HDFS 240: Human Sexuality PSY 201: General Psychology Bacc Core: Biological Science HDFS 311: Infant & Child. Dev.	3 4 4 4	HDFS 262: Intro. to HS PSY 202: General Psychology HDFS 313: Adolescent Dev. Bacc Core: Additional Science	3 4 4 4	HDFS 314: Adult Dev. and Aging Bacc Core: Cultural Diversity Bacc Core: Physical Science NUTR 225: General Nutrition	4 4 4 3	YEAR 2
Total Credits	15	Total Credits	15	Total Credits	15	
HDFS 341: Family Studies HDFS 360: Critical Thinking HDFS 310: HS Practicum Bacc Core: Additional Science	4 4 4 4	HDFS 361: Research Methods HDFS Upper Division Elective Free Elective Free Elective	4 4 4 3	HDFS 447: HDFS Elec./Synthesis HDFS Elective Free Elective Free Elective	4 4 4 3	YEAR 3
Total Credits	16	Total Credits	15	Total Credits	15	
Free Elective Upper Div. Elective Free Elective Free Elective	4 4 4 4	HDFS 462: HDFS HS Option HDFS 410: HS internship Synthesis: Science, Tech and Soc. Free Elective	3 6 3 3	HDFS 410: HS Internship Elective Elective	6 4 4	YEAR 4
Total Credits	16	Total Credits	15	Total Credits	14	<b>180 total cr/60 upper division cr</b>