



2021-2022 HDFS Degree Guide

Early Childhood Option

In the HDFS program, you'll address human development across the lifespan and gain the knowledge and skills you need to help improve the human condition. This may include intervening during crises, preventing future crises, helping people access resources, and advocating for changes in the systems that affect the lives of those in need. You can also focus on supporting young children and their families in early childhood settings.

Few careers offer as many opportunities to directly and profoundly impact lives. With an HDFS degree, you'll be ready for professional work or graduate study in fields such as education, HDFS, social work or public administration.

The Early Childhood option prepares students to promote lifelong development, learning, and wellbeing of children and families. Through a focus on the early childhood period from prenatal through age 8 years, students examine dynamics among children, families, schools, communities, and cultures that have lasting impacts throughout life. Practicum and internship experiences prepare students to work directly with children and families in preschools, Head Start programs, child care, early intervention/ early childhood special education, or parent and family support. Graduates also create and implement prevention and intervention programs, and pursue graduate study in fields such as education, special education, counseling, human development and family science, psychology, sociology, and social work.

HDFS Program Requirements:

- OSU Graduation Requirements
- Baccalaureate Core
- HDFS major core and supporting courses
- HDFS Specialty Option

OSU Graduation Requirements:

Students pursuing a degree at OSU must meet the following requirements in addition to program and college requirements.

- 180—total number of credits required to graduate from OSU
- 60—number of upper division credits required (300-400 level courses)
- Maintain a 2.0 or better university GPA
- Max 18 course withdraws (W grade)
- Max 11 credits PAC

HDFS- Early Childhood Option

2021-2022 Curriculum

BACCALAUREATE CORE Requirements-		
Search Bacc Core classes in the Schedule of Classes.		
Transfer students who have an AAOT have all Skills and Perspectives completed. Students with AAOT still need to complete Synthesis requirements.		
Skills		Grade
Lifetime Fitness (2cr)	HHS 231 (2cr)	
Lifetime Fitness PAC (1cr)	Physical Activity Course (PAC)	
Mathematics (3-4cr)		
Writing I (4cr)	WR 121	
Writing II (4cr)	Fulfilled by Major (WR327)	
Speech (3cr)	Fulfilled by Major (COMM 218)	
Perspectives: No more than two courses from the same department may be used to satisfy the Perspectives Categories.		
Cultural Diversity (3-4cr)		
Literature & Arts (3-4cr)		
Soc. Processes & Institutions	Fulfilled by Major	
Western Culture (3-4cr)		
Physical Science (4cr)		
Biological Science (4cr)		
Additional Phys or Bio Science (4cr)		
Difference, Power, & Discrimination (3-4cr)	HDFS 201 Recommended	
Synthesis: Must be upper division and no more than two courses from the same department may be used.		Grade
Contemporary Global Issues (3-4cr)	HDFS 447 recommended	
Science, Tech & Society (3-4cr)		

HDFS MAJOR Requirements:

- All courses required within the major MAY NOT be taken S/U and must be completed with a grade of **C- or higher**. As of Fall 2021 students can complete first attempt as S/U grading but must retake for a grade in second attempt.
- PHHS will not accept third course attempts from OSU or transferred from other institutions to meet course requirements within any major.
- See College of Public Health and Human Services (PHHS) for Policy details:
health.oregonstate.edu/advising/resources/policies

HDFS CORE	Pre-Reqs	Notes	Grade
H 100- Intro. to Public Health (4)			
HDFS 240- Human Sexuality (3)			
HDFS 311-Infant and Child Development (4)		Approved Year 2 or 3	
HDFS 313- Adolescent Development (4)		Approved Year 2 or 3	
HDFS 314- Adult Development & Aging (4)		Approved Year 2 or 3	
HDFS 341- Family Studies (4)			
HDFS 360- Critical Thinking in HDFS (4)			
HDFS 361- Applied Research Methods (4)	ST 202 or ST 351 Highly Recommended	Best to take junior yr	

HDFS Required Supporting Courses	Pre-Reqs	Notes	Grade
COMM 218- Interpersonal Comm. (3)			
NUTR 225- General Human Nutrition (3)			
PSY 201- General Psychology (3)			
PSY 202- General Psychology (3)			
SOC 204- Intro to Sociology (3)			
WR 327- Technical Writing (3)	WR 121 (C-)		
ST 351 or ST 201 & ST 202 (4-8)	High School Algebra	Suggested Year 1 or 2	
HDFS Electives 12 credits required: select 3-4 classes from list	Pre-Reqs/Notes		Class Selections
ED 140-Introduction to ECE @ COCC (4)			
HDFS 201- Contemporary Families in US (3)			
HDFS 262- Introduction to Human Services (3)	HIGHLY RECOMMENDED		
HDFS 312- Parenting Research & Appl. (4)			
HDFS 432- Children W/ Special Needs (3)	Recommended: 6 credits of HDFS, SOC or PSY		
HDFS 444- Family Violence & Neglect (4)	Recommended: 6 cr HDFS, SOC or PSY		
HDFS 447- Families & Poverty (4)			
HDFS 460- Family Poverty (4)			
HDFS 465- Special Topics (3)	Recommended: 6 credits of HDFS, SOC or PSY		
HDFS 399 or HDFS 499 – Special Topics (3)			
Early Childhood Option Requirements	Pre-Reqs	Notes	Grade
HDFS 330-Fostering Learning in Early Childhood (4)	HDFS 311		
HDFS 331- Directed Experience in EC (3)	HDFS 330		
HDFS 431-Family, School, and Community (3)	HDFS 311 or HDFS 313		
HDFS 433- Early Childhood Internship (10)	HDFS 330 and HDFS 331	Suggest Year 4	
HDFS 461- Program Dev. & Proposal WR (4)	HDFS 360	Suggest Year 4	

Academic Planning Notes:

- Use the HDFS Course Planning page to create your academic plan, review plans with an academic advisor. osucascades.edu/human-development-and-family-sciences/course-listing
- 100-200 level courses taken Freshman/Sophomore year and 300-400 level taken Junior/Senior year unless specified.
- Registration PINs are required each term for HDFS. Plan ahead for registration in PHASE 1 Priority Registration.
- Students with good academic standing and an academic plan entered in **MyDegrees Planner** will receive PIN with email. media.oregonstate.edu/media/t/1_gl9vorw7
- HDFS Cascades campus program consists of **on-campus classes**. See PHHS E-campus registration restrictions page for Online HDFS course information, restrictions will impact registration. health.oregonstate.edu/advising/resources/faq/ecampus-restrictions
- HDFS Practicum & Internships: beav.es/UFq