

B.S. in Human Development

2022-2023

Sample Plan for General Option

	Fall		Winter		Spring		Opportunities
First Year	ALS 199: U-Engage Elective WR 121: English Composition HDFS 201: Contemporary Families Cultural Diversity – Bacc Core <i>MTH Placement Course (MTH 103/MTH 111)</i>	2 4 3 3 4	SOC 204: Introduction to Sociology Western Culture – Bacc Core Literature & Arts – Bacc Core COMM 218: Interpersonal Comm. General Elective or Minor Course OR <i>MTH Placement Course (MTH 105/MTH 111)</i>	3 3 3 3 3 4	H 100: Intro to Public Health HHS 231: Lifetime Fitness for Health Bacc Core PAC – Bacc Core Fitness Biological Science – Bacc Core General Elective	3 3 1 4 3	-Participate in Welcome Week Activities -Explore Student Wellness Resources -Set up your Handshake Profile -Connect with Career Development Center to discuss career goals and explore careers
	Total Credits	16	Total Credits	15	Total Credits	14	
Second Year	HDFS 240: Human Sexuality HDFS 311: Infant & Child Development PSY 201: General Psychology Science, Tech, & Society – Bacc Core	3 4 4 4	WR 327: Technical Writing HDFS 313: Adolescent Development PSY 202: General Psychology Biological Science or Physical Science – Bacc Core	3 4 4 4 4	NUTR 225: General Human Nutrition HDFS 314: Adult Development & Aging Physical Science – Bacc Core General Elective or Minor Course	3 4 4 4	-Connect with Career Development Center -Explore Internship, Research, Volunteer, and/or Study Abroad Opportunities -Attend Career Fairs, Events, and Workshops -Participate in leadership, clubs, and events -Get to know your professors
	Total Credits	15	Total Credits	15	Total Credits	15	
Third Year	HDFS 341: Family Studies HDFS 360: Critical Thinking in HDFS HDFS Guided Elective <i>Statistics for Major (ST 201/202 or ST 351)</i>	4 4 4 4	HDFS 361: Applied Research Methods HDFS Guided Elective General Elective or Minor Course <i>Statistics for Major (ST 201/202 or ST 351)</i>	4 3 4 4	HDFS 447: Families & Poverty HDFS Guided Elective General Elective or Minor Course <i>Statistics for Major (ST 201/202 or ST 351)</i>	4 3 4 4	-Meet with Career Development Center to start planning for life beyond OSU-Cascades -Research graduate schools, requirements, and initiate the application prep-process. -Network and make professional connections
	Total Credits	16	Total Credits	15	Total Credits	15	
Fourth Year	HDFS Guided Elective General Elective or Minor Course General Elective or Minor Course General Elective or Minor Course Major courses above not yet completed Complete 180 credits, 60 upper division	4 4 3 3	HDFS Guided Elective General Elective or Minor Course General Elective or Minor Course General Elective or Minor Course Major courses above not yet completed Complete 180 credits, 60 upper division	4 4 4 3	HDFS 461: Program Dev. & Proposal Wr. HDFS Guided Elective General Elective or Minor Course General Elective or Minor Course Major courses above not yet completed Complete 180 credits, 60 upper division	4 3 4 4	-Complete last minute graduate application process. -Begin your job search using VMock to develop you resume. -Continue with research and volunteer opportunities -Plan for Commencement in June!
	Total Credits	14	Total Credits	15	Total Credits	15	

This is a sample schedule intended for informational purposes only. Students should consult with their OSU academic advisor to create a personalized degree plan.