

B.S. in Human Development

2023-2024

Sample Plan for General Option

	Fall		Winter		Spring		Opportunities
First Year	ALS 199: Academic & Personal Success WR 121Z: English Composition HDFS 201: Contemporary Families in U.S HDFS 240: Human Sexuality <i>MTH Placement Course (MTH 103/MTH 111)</i>	2 4 3 3 4	SOC 204: Introduction to Sociology WR 227Z: Technical Writing PSY 202: General Psychology Bacc Core Literature & Arts <i>MTH Placement Course (MTH 105/MTH 111)</i>	3 4 4 3	H 100: Intro to Public Health COMM 218Z: Interpersonal Comm. PSY 201: General Psychology HHS 231: Lifetime Fitness for Health PAC (Physical Activity Course)	4 4 4 2 1	-Participate in Welcome Week Activities -Explore Student Wellness Resources -Set up your Handshake Profile -Connect with Career Development Center to discuss career goals and explore careers -Get to know your professors -Complete Cascades Edge tasks each term
	Total Credits	16	Total Credits	14	Total Credits	15	
Second Year	HDFS 311: Infant & Child Development HDFS 341: Family Studies ST 243Z: Elementary Statistics (or ST 351 for major statistics option) Minor Course or General Elective	4 4 4 4	HDFS 313: Adolescent Development Bacc Core Biological Science Bacc Core Western Culture Minor Course or General Elective	4 4 3 4	HDFS 314: Adult Development & Aging ST 202: Principles of Statistics NUTR 225: General Human Nutrition Minor Course or General Elective	4 4 4 4	-Complete Cascades Edge Year 2 Dev. -Explore Internship, Research, Volunteer, and/or Study Abroad Opportunities -Attend Career Fairs, Events, and Workshops -Participate in leadership, clubs, and events
	Total Credits	15	Total Credits	15	Total Credits	15	
Third Year	HDFS 447: Families & Poverty Bacc Core Physical or Biological Science Minor Course or General Elective Minor Course or General Elective	3 4 4 4	HDFS Guided Elective HDFS Guided Elective Minor Course or General Elective Minor Course or General Elective	4 4 4 4	HDFS Guided Elective HDFS Guided Elective Bacc Core Physical Science Minor Course or General Elective	3 3 4 4	-Meet with Career Development Center to start planning for life beyond OSU-Cascades -Research graduate schools, requirements, and initiate the application prep-process. -Network and make professional connections -Complete Cascades Edge Career & Self Development activities
	Total Credits	15	Total Credits	16	Total Credits	14	
Fourth Year	HDFS 360: Critical Thinking in HDFS HDFS Guided Elective Science, Tech, & Society – Bacc Core Minor Course or General Elective Major courses above not yet completed Complete 180 credits, 60 upper division	4 4 3 4	HDFS 361: Applied Research Methods Minor Course or General Elective Minor Course or General Elective Minor Course or General Elective Major courses above not yet completed Complete 180 credits, 60 upper division	4 4 4 3	HDFS 461: Program Dev. & Proposal Wr. Minor Course or General Elective Minor Course or General Elective Minor Course or General Elective Major courses above not yet completed Complete 180 credits, 60 upper division	4 4 4 3	-Complete Cascades Edge Year 4 Dev. and update linked in with Cascades Edge Badge info. -Complete last minute graduate application process. -Begin your job search using VMock to develop you resume. -Continue with research and volunteer opportunities -Plan for Commencement in June!
	Total Credits	15	Total Credits	15	Total Credits	15	

This is a sample schedule intended for informational purposes only. Students should consult with their OSU academic advisor to create a personalized degree plan.