

B.S. in Human Development

2023-2024

Sample Plan for Human Services Option

	Fall		Winter		Spring		Opportunities
First Year	ALS 199: Academic & Personal Success WR 121Z: English Composition HDFS 201: Contemporary Families in U.S HDFS 240: Human Sexuality <i>MTH Placement Course (MTH 103/MTH 111)</i>	2 4 3 3 4	SOC 204: Introduction to Sociology WR 227Z: Technical Writing PSY 202: General Psychology Bacc Core Literature & Arts <i>MTH Placement Course (MTH 105/MTH 111)</i>	3 4 4 3	H 100: Intro to Public Health COMM 218Z: Interpersonal Comm. PSY 201: General Psychology HHS 231: Lifetime Fitness for Health PAC (Physical Activity Course)	4 4 4 2 1	-Participate in Welcome Week Activities -Explore Student Wellness Resources -Set up your Handshake Profile -Connect with Career Development Center to discuss career goals and explore careers -Get to know your professors -Complete Cascades Edge tasks each term
	Total Credits	16	Total Credits	14	Total Credits	15	
Second Year	HDFS 311: Infant & Child Development HDFS 341: Family Studies ST 243Z: Elementary Statistics (<i>or ST 351 for major statistics option</i>) Minor Course or General Elective	4 4 4 4	HDFS 313: Adolescent Development Bacc Core Biological Science Bacc Core Western Culture Minor Course or General Elective	4 4 3 4	HDFS 314: Adult Development & Aging ST 202: Principles of Statistics NUTR 225: General Human Nutrition Minor Course or General Elective	4 4 4 4	-Complete Cascades Edge Year 2 Dev. -Explore Internship, Research, Volunteer, and/or Study Abroad Opportunities -Attend Career Fairs, Events, and Workshops -Participate in leadership, clubs, and events
	Total Credits	16	Total Credits	15	Total Credits	16	
Third Year	HDFS 262: Intro to Human Services HDFS 360: Critical Thinking in HDFS HDFS 447: Families & Poverty Bacc Core Physical or Biological Science	3 4 4 4	HDFS 361: Applied Research Methods HDFS Guided Elective Minor Course or General Elective Minor Course or General Elective	4 4 4 4	HDFS 331: Directed Experience in Early Childhood HDFS Guided Elective HDFS Guided Elective Bacc Core Physical Science	4 3 3 4	-Meet with Career Development Center to start planning for life beyond OSU-Cascades -Research graduate schools, requirements, and initiate the application prep-process. -Network and make professional connections -Complete Cascades Edge Career & Self Development activities
	Total Credits	15	Total Credits	16	Total Credits	14	
Fourth Year	HDFS 310: Human Services Practicum Science, Tech, & Society – Bacc Core Minor Course or General Elective Minor Course or General Elective	4 4 4 4	HDFS 469: Human Services Internship HDFS 462: Professional Helping Skills HDFS Guided Elective	6 4 4	HDFS 469: Human Services Internship HDFS 461: Program Dev. & Proposal Wr. HDFS Guided Elective	6 4 4	-Complete Cascades Edge Year 4 Dev. and update linked in with Cascades Edge Badge info. -Complete last minute graduate application process. -Begin your job search using VMock to develop you resume. -Continue with research and volunteer opportunities -Plan for Commencement in June!
	Major courses above not yet completed Complete 180 credits, 60 upper division		Major courses above not yet completed Complete 180 credits, 60 upper division		Major courses above not yet completed Complete 180 credits, 60 upper division		
Total Credits	16	Total Credits	14	Total Credits	14		

This is a sample schedule intended for informational purposes only. Students should consult with their OSU academic advisor to create a personalized degree plan.