

BACHELOR OF SCIENCE- HUMAN DEVELOPMENT FAMILY SCIENCES

SPECIALTY OPTION- HUMAN SERVICES

COCC TRANSFER GUIDE

In the HDFS program, you'll address human development across the lifespan and gain the knowledge and skills you need to help improve the human condition. This may include intervening during crises, preventing future crises, helping people access resources, and advocating for changes in the systems that affect the lives of those in need. You can also focus on supporting young children and their families in early childhood settings.

Few careers offer as many opportunities to directly and profoundly impact lives. With an HDFS degree, you'll be ready for professional work or graduate study in fields such as education, HDFS, social work or public administration.

The Human Services profession is dedicated to improving the human condition by intervening during crises, preventing future crises, helping people access resources and advocating for change in the systems that affect the lives of those in need. The primary purpose of Human Services is to empower individuals, families, and communities to survive, function and thrive, even in the face of adversity. A strength-based philosophy, recognizing the importance of physical, mental, and psychological wellness and prevention underpins the multidisciplinary approach of the Human Services option.

Connect with OSU-Cascades Transfer Admissions Advisors with questions:

osucascades.edu/admissions/admissions-advising

HDFS Program Requirements:

- OSU Graduation Requirements
- Baccalaureate Core
- HDFS major/option courses
- All courses required within the major including pre-requisites MAY NOT be taken S/U and must be completed with a grade of C- or higher
- PHHS will not accept third course attempts from OSU or transferred from other institutions to meet course requirements within any major.

OSU Graduation Requirements:

Students pursuing a degree at OSU must meet the following requirements in addition to program and college requirements.

- 180—total number of credits required to graduate from OSU
- 60—number of upper division credits required (300-400 level courses)
- 135—maximum number of transfer credit
- Maintain a 2.0 or better university GPA



Bacc Core Requirements

All Skills and Perspectives are completed with an AAOT. If student does not complete an AAOT they will use the COCC Bacc Core Guide to select course needed to meet the Skills and Perspectives requirements.

BACCALAUREATE CORE			
admissions.oregonstate.edu/baccalaureate-core-course-equivalencies-central-oregon-community-college			
Skills			GR
Requirement	Non-AAOT	AAOT	
Fitness (3)	HHP 295	AAOT Completes	
Mathematics (4)	See COCC Bacc Core Course Guide	AAOT Completes	
Writing I (3)	WR 121	AAOT Completes	
Writing II (3)	WR 227- in Major	AAOT Completes	
Speech (3)	SP 218- in Major	AAOT Completes	
Perspectives -No more than 2 courses from one department may be used to satisfy the following requirements			
Cultural Diversity (3-4)	See COCC Bacc Core Course Guide	AAOT Completes	
Literature & Arts	See COCC Bacc Core Course Guide	AAOT Completes	
Soc. Processes & Inst, (3)	PSY 201, HHP 231, + in Major	AAOT Completes	
Western Culture	See COCC Bacc Core Course Guide	AAOT Completes	
Physical Science	See COCC Bacc Core Course Guide	AAOT Completes	
Biological Science	See COCC Bacc Core Course Guide	AAOT Completes	
Additional Phys or Bio Science	See COCC Bacc Core Course Guide	AAOT Completes	
Difference, Power, & Discrimination	HDFS 201 in Major, OSU only	AAOT Completes	
Synthesis			
Contemporary Global Issues	OSU Only	OSU Only	
Science, Tech & Society	OSU Only	OSU Only	

HDFS – Human Services COCC Transfer Guide

HDFS CORE	
OSU-Cascades Courses	COCC Courses
H100- Intro. to Public Health	HHP 100- Intro. to Public Health
HDFS 240- Human Sexuality	HHP 231- Human Sexuality
HDFS 311- Infant and Child Development	No Equivalent at COCC
HDFS 313- Adolescent Development	No Equivalent at COCC
HDFS 314- Adult Dev. & Aging	No Equivalent at COCC
HDFS 341- Family Studies	No Equivalent at COCC
HDFS 360- Critical Thinking in HDFS	No Equivalent at COCC
HDFS 361-Applied Research Methods	No Equivalent at COCC

HDFS Supporting Courses	
OSU-Cascades Courses	COCC Courses
COMM 218- Interpersonal Communication	SP 218- Interpersonal Communication
NUTR 225- General Human Nutrition	FN225- Human Nutrition
PSY 201- General Psychology	PSY 201- Mind and Brain
PSY 202- General Psychology	PSY 202- Mind and Society
SOC 204- Intro. to Sociology	SOC 201- Intro. to Sociology
WR 327- Technical Writing	WR 227- Technical Writing
ST 351 or ST 201 & ST 202	MTH 243 and MTH 244

Human Services Option Required Courses	
OSU-Cascades Courses	COCC Courses
HDFS 262- Intro. to Human Services	No Equivalent at COCC
HDFS 310- Human Services Practicum	No Equivalent at COCC
HDFS 410- HS Internship	No Equivalent at COCC
HDFS 461- Program Dev. & Proposal Writing	No Equivalent at COCC
HDFS 462- Professional Helping Skills	No Equivalent at COCC

HDSFS Electives- 12 credits from the following	
OSU-Cascades Courses	COCC Courses
	ED 140- Intro to Early Childhood Education
HDFS 201- Contemporary Families in US	No Equivalent at COCC
HDFS 312- Parenting Research & Application	No Equivalent at COCC
HDFS 330- Fostering Learning in Early Childhood	No Equivalent at COCC
HDFS 331- Directed Experience in EC	No Equivalent at COCC
HDFS 431- Family, School & Community	No Equivalent at COCC
HDFS 432- Children W/ Special Needs	No Equivalent at COCC
HDFS 444- Family Violence and Neglect	No Equivalent at COCC
HDFS 447- Families in Poverty	No Equivalent at COCC
HDFS 465- Special Topics	No Equivalent at COCC
HDFS 399 or HDFS 499	No Equivalent at COCC

Reminder All courses required within the HDFS major including pre-requisites MAY NOT be taken S/U and must be completed with a grade of C- or higher