

B.S. in Kinesiology (KIN)

2021-2022

OSU-Cascades

	Fall		Winter		Spring		Notes
First Year	WR 121:BC WR I	4	Bacc Core: Speech	3	CH 123 or CH 233/263	5	
	CH 121 or CH 231/261	5	CH 122 or CH 232/262-BC: Phy Sci	5	BC: WR II	3	
	KIN 131: KIN CORE	1	MTH 112: -BC: MATH	4	KIN 206: KIN CORE	1	
	KIN 206: KIN CORE	1	KIN 206: KIN CORE	1	BC: Diff. Power & Discrimination	3	
	BC: Western Culture	4	PAC XXX: Physical Activity Course	1	HHS 231	2	
Total Credits	15	Total Credits	14	Total Credits	14		
First Year: Co-Curricular and Academic Opportunities		<ul style="list-style-type: none"> • Join student club • Participate in FY campus read and FY experiences • Check out resources for student wellness, time management and study skills • Participate in Cascades Adventures trip(s) 					
Second Year	BI 231/241: A&P I	5	BI 232/242: A&P II	5	BI 233/243: A&P III:	5	Considering studying abroad? You may notice that there are many “general electives” needed to graduate, so you can study abroad even if the courses aren’t applicable to your Major.
	KIN 312: KIN CORE/BC: SPI	4	BC: Lit & Arts	3	NUTR 240	3	
	BC: Biological Science	4	BC: Cultural Diversity	3	H 100	4	
	General Elective	3	General Elective	4	General Elective	4	
	Total Credits	16	Total Credits	15	Total Credits	16	
Second Year : Co-Curricular and Academic Opportunities		<ul style="list-style-type: none"> • Check out Career Development Center resources • Complete work experience, or volunteer/service • Attend campus events (at least 1 per term) • Research study abroad opportunities and integrate into academic plan • Think about adding a minor • Pursue leadership position with student club 					

This is a sample schedule intended for informational purposes only. Students should consult with their OSU academic advisor to create a personalized degree plan.

	Fall		Winter		Spring		Notes
Third Year	KIN 324: KIN CORE KIN 425: KIN BTC Lab Synthesis: Contemp. Global Issues General Elective	4 4 4 4	KIN 321: KIN CORE KIN 481: KIN CORE KIN 325: KIN BTC Lab General Elective General Elective	4 3 3 4 1	KIN 311: KIN CORE KIN 474: KIN BTC Lab KIN 370: KIN CORE General Elective	4 3 3 4	
	Total Credits	16	Total Credits	15	Total Credits	14	
	Third Year: Co-Curricular and Academic Opportunities	<ul style="list-style-type: none"> Continue to work with Career Development Center, meet with Career counselor. Volunteer or secure internship at a site that aligns with career interests 					
Fourth Year	KIN 437 (4) KIN BTC Upper Division Elective General Elective General Elective	4 4 4 4	KIN 307: KIN BTC (pre-internship) KIN 434: KIN BTC KIN 314: KIN CORE Synthesis: Science, Tech & Society General Elective	1 3 3 4 4	KIN 399: KIN BTC KIN 410: KIN BTC (internship) General Elective General Elective	3 3 4 4	
	Total Credits	16	Total Credits	15	Total Credits	14	
	Fourth Year: Co-Curricular and Academic Opportunities	<ul style="list-style-type: none"> Begin post grad job search, develop resume, continue connecting with Career Development Center Complete experiential learning requirements Apply to Master's program (if applicable) during fall term. Plan for Commencement Ceremony and celebrations in June! 					

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