How to check registration date and Time: my.oregonstate.edu – Academics- View Priority Registration Status

Include your student ID in all emails

**Winter 2023 Kinesiology Courses**

**Cascades Classes**

**Kinesiology Supporting Courses:**
- BI 232/242 (5) (pre-req BI 231-241)
- CH 122 or CH 232/262 (5) (CH 121 or CH 231/261)
- MTH 112 (4) (pre-req MTH 111 or ALEKS score of 60)

**Kinesiology Core:**
- KIN 206: Healthy Eating (1)
- KIN 314: Adapted Physical Activity (3)
- KIN 321: Biomechanics of Human Movement (4) (pre-req BI 231/241 & MTH 112)
- KIN 370: Psychology of Sport and Physical Activity (3)
- KIN 481: Analysis of Critical Issues in Kinesiology (3) 

**Kinesiology Beyond Core courses:**
- KIN 307: Seminar: Pre-Internship (1)
- KIN 325: Fitness Assessment & Exercise (3) (pre-req KIN 324) Lab Class
- KIN 394: Resistance training (3) (pre-req kin 324 and KIN 325) Lab class
- KIN 434: Applied Muscle Physiology (pre-req KIN 324)
- KIN 410: Internship (pre-req KIN 307)

---

**COCClasses**

If you need a hold lifted at COCC please let me know when we meet or email me. Please, include your student ID in email.

**Kinesiology Supporting Courses**
- BI 231 A&P I
- BI 232 A&P II
- BI 233 A&P III
- CH 221 Chemistry I (MTH 111 or higher)
- CH 222 Chemistry II
- HHP 100 Intro to Public Health
- MTH 112 (MTH 111)

**Kinesiology Core**
- HHP 131 = KIN 131 at OSU
- HHP 261= KIN 324 (highly recommended to take at OSU so you get upper division credit)
- HHP 270= KIN 370 (highly recommended to take at OSU so you get upper division credit)