

Mt. Hood Community College Transfer Guide Tourism Recreation Adventure Leadership

Degree requirements are subject to change and dependent on catalog year in admission to OSU and major declaration.

Find more information about TRAL major at OSU-Cascades at: osucascades.edu/academics/tral

Degree Requirements:

- 180 total college credits
- 60 upper division credits (64 in major)
- 45 out of last 75 credits must be OSU credits
- 124 max credits transferred from Community College

Baccalaureate Core Requirements

Find the approved list of MHCC courses that complete Bacc Core at the following website:

admissions.oregonstate.edu/baccalaureate-core-course-equivalencies-mount-hood-community-college

An AAOT or ASOT-Business degree will complete all Skills and Perspectives courses in the Bacc Core.

Skills	Non- AAOT COCC course	AAOT or ASOT
WR I	WR 121 (major requirement)	AAOT completes
WR II	See MHCC Bacc Core guide	AAOT completes
SPEECH	COMM 111 or 114 (major requirement)	AAOT completes
Health / Fitness	PE 231	AAOT completes
Math	MTH 105 or 111	AAOT completes
Perspective <i>no more than 2 from 1 department allowed</i>		
Physical Science		AAOT completes
Biological Science	See MHCC Bacc Core guide	AAOT completes
Phys/Bio Science	See MHCC Bacc Core guide	AAOT completes
Cultural Diversity (CD)	See MHCC Bacc Core guide	AAOT completes
Western Culture (WC)	TRAL 132 OSU only (major requirement)	AAOT completes
Difference, Power, Discrimination (DPD)	See MHCC Bacc Core guide	AAOT completes
Social Processes + Institutions (SP)	EC 201 (NEAT option requirement)	AAOT completes
Literature and Art (LA)	See MHCC Bacc Core guide	AAOT completes
Synthesis	Course	Grade
Contemporary Global Issues (CGI)	OSU Only SUS 350	OSU Only
Science, Tech. and Society (STS)	OSU Only FW 350 or FES 485	OSU Only

TRAL Core

Major Requirement	MHCC Approved Transfer Course:
COMM 111 (3) or COMM 114 (3) Speech	COMM 111 (4) or COMM 114 (3)
ST 201 (4) Intro to Stats	MTH 243 (4) Stats 1
FES 202 (3) Software Tools in Quantitative Social Sci.	Only at OSU
FES 493 (4) Environmental Interpretation	WL 293 Certified Interpretive Guide
FES 422 (4) Research Methods in Social Sci.	Only at OSU
FW 350 (3) Endangered Species Conservation or FES 485 (3) Consensus and Natural Resources	Only at OSU
TRAL 352 (3) Wilderness Mgmt.	Only at OSU
TRAL 353 (3) Nature, Eco, Adventure Tourism	Only at OSU
SUS 350 (4) Sustainable Communities	Only at OSU

TRAL Specialty Options (OSU-Cascades)

TRAL majors must select a Specialty Option. OSU-Cascades campus has **either** Adventure Leadership Education or Nature Eco & Adventure Specialty Option for OSU-Cascades TRAL major.

OSU Corvallis has additional Specialty Options, Outdoor Recreation Management and Sustainable Tourism. Please see OSU College of Forestry for ORM and STM option details: forestry.oregonstate.edu/undergraduate-programs/tral

Select one option below once you declare your TRAL major at OSU.

Adventure Leadership Education Option (ALE):

Major Requirement (OSU)	MHCC Approved Transfer Courses:
PAC/TRAL 111 (2) Intro to Canoe	Only at OSU-Cascades
PAC/TRAL 110 (2) Intro to WW Kayak	PE 185KY or PE 185 KYI
TRAL 115 & 118 (3) Outdoor Living Skills	WL 130 Backpacking & Camp Management
TRAL 130 (3) Intro to Outdoor & Advt. Professions	WL 150 Foundations of Experiential Ed & Leadership
TRAL 132 (3) History and Foundations TRAL Prof.	TRAL 132 completed if all WLEE program courses passed with C grade or better
TRAL 280 (3) Outdoor Leadership Fundamentals	Only at OSU-Cascades
TRAL 215 (4) Group Facilitation	WL 110 Intro to Challenge Course Facilitation
TRAL 173 (2) Intermediate Rock	PE185RK and PE185RKI
TRAL 218 (2) Rock Site Management	WL272 Expedition Field Experience: Rock Climbing
TRAL 270 (1) Pre-Internship Seminar	Only at OSU-Cascades
TRAL 370 (4) Design and Mgmt. of Outdoor Exp.	Only at OSU-Cascades
TRAL 374 (3) Outdoor and Adventure Education	Only at OSU-Cascades
TRAL 375 (4) Experiential Education WIC	Only at OSU-Cascades
TRAL 377 & 379 (15) Expeditions	Only at OSU-Cascades
TRAL 476 (3) Risk Management in TOL	Only at OSU-Cascades
TRAL 479 (3) Nature and the Human Experience	Only at OSU-Cascades
TRAL 410 (8) Internship	Only at OSU-Cascades

Nature Eco and Adventure Tourism (NEAT) Option:

Major Requirement (OSU)	MHCC Approved Transfer Courses:
BA 315 (4) Accounting Fundamentals	BA 217 (4) Accounting Fundamentals
BA 260 (4) Entrepreneurship	BA 250 (4) Entrepreneurship
ECON 201 (4) Microeconomics	EC 201 (4) Microeconomics
BA 352 (4) Managing Indv. Team Performance	Only at OSU
BA 390 (4) Marketing	Only at OSU
PAC/TRAL 110 (2) Intro to WW Kayak	PE 185KY or PE 185 KYI
PAC/TRAL 111 (2) Intro to Canoe	Only at OSU-Cascades
TRAL 130 (3) Intro to Outdoor & Advt. Professions	WL 150 Foundations of Experiential Ed & Leadership
TRAL 132 (3) History and Foundations TRAL Prof.	TRAL 132 completed if all WLEE program courses passed with C grade or better
TRAL 115 & 118 (3) Outdoor Living Skills	WL 130 Backpacking & Camp Management
TRAL 280 (3) Outdoor Leadership Fundamentals	Only at OSU-Cascades
TRAL 215 (4) Group Facilitation	WL 110 Intro to Challenge Course Facilitation
TRAL 173 (2) Intermediate Rock	PE185RK and PE185RKI
TRAL 270 (1) Pre-Internship Seminar	Only at OSU-Cascades
TRAL 370 (4) Design and Mgmt. of Outdoor Exp.	Only at OSU-Cascades
TRAL 375 (4) ^Experiential Education WIC	Only at OSU-Cascades
TRAL 476 (3) Risk Management in TOL	Only at OSU-Cascades
TRAL 479 (3) Nature and the Human Experience	Only at OSU-Cascades
TRAL 410 (8) Internship	Only at OSU-Cascades