

# B.S. in Tourism, Recreation & Adventure Leadership

OSU-Cascades

SAMPLE Academic Plan

Nature Eco Adventure Tourism Option | 2021-2022

	Fall		Winter		Spring		Summer
<b>First Year</b>	Math 111: College Algebra TRAL 173: Intermediate Rock PAC 199 Rock Climbing, needed for TRAL 173 co-req WR 121: English Composition TRAL 130: Intro Outdoor Advtr.	4 2 1 4 3	COMM 111: Public Speaking WR 222: English Composition TRAL 132: OD Foundations & Hist Bacc Core: Lit & Arts Bacc Core: Physical Sci	3 3 3 3 4	Bacc Core: HHS 231 Fitness TRAL 115: OD Living Skills TRAL 118: OD Lab Living Skills TRAL 110: Intro WW Kayak TRAL 111: Intro Canoeing Free Elective	2 2 1 2 2 3	
	Total Credits	14	Total Credits	16	Total Credits	12	
	<b>Co-Curricular and Academic Opportunities First Year</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Join student club or student leadership position.</li> <li><input type="checkbox"/> Participate in FY campus read and FY experiences</li> <li><input type="checkbox"/> Check out resources for student wellness, time management and study skills</li> <li><input type="checkbox"/> Participate in Cascades Adventures trip(s)</li> <li><input type="checkbox"/> Need PAC 199 Rock Climbing before TRAL 173 or valid belay card, PAC 112 ideal elective as well</li> </ul>					
<b>Second Year</b>	TRAL 215: Group Facilitation ECON 201: Micro Economics BA 260: Entrepreneurship TRAL 218: Rock Site Mgmt <b>or</b> TRAL 260: Inter. Paddle Sport in the spring	4 4 4 2	TRAL 352: Wilderness Mgmt. ST 201: Principles of Statistics Bacc Core: Cultural Diversity Free Elective Free Elective (or PAC 112 suggested)	3 4 3 4 1	TRAL 280: Outdoor Leadership FES 202: Social Sci. Research FES 422: Research Methods Bacc Core: Additional Sci.	3 3 4 4	
	Total Credits	14	Total Credits	15	Total Credits	14	
	<b>Co-Curricular and Academic Opportunities Second Year</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Check out Career Development Center resources</li> <li><input type="checkbox"/> Complete work experience, or volunteer/service, check out internship guide</li> <li><input type="checkbox"/> Attend campus events (at least 1 per term)</li> <li><input type="checkbox"/> Research study abroad opportunities and integrate into academic plan</li> <li><input type="checkbox"/> Think about adding a Business minor, Natural Resources minor, or Sustainability minor or Double Degree</li> </ul>					

	Fall		Winter		Spring		Summer
<b>Third Year</b>	TRAL 353: Nature Advtr Tourism TRAL 375: Experiential Ed BA 352: Team, Individual Mgmt. Bacc Core: Bio Science	4 4 4 4	TRAL 270: Pre-Internship TRAL 370: Design/Mgmt OD Exp. FW 350: Endangered Species TRAL 309: Certification Practicum Free Elective	1 4 3 2 4	BA 315: Accounting Funds TRAL 493: Env. Interpretation Bacc Core: Diff, Pwr, Discrimin Free Elective	4 4 4 3	TRAL 410 (6) Internship
	Total Credits	16	Total Credits	14	Total Credits	15	
	<b>Co-Curricular and Academic Opportunities Third Year</b>	<input type="checkbox"/> Continue to work with Career Development Center, meet with Career counselor. <input type="checkbox"/> Work on internship placement and planning <input type="checkbox"/> Consider leading Cascades Adventures trips					
<b>Fourth Year</b>	BA 390: Marketing SUS 350: Sustainable Communt. Free Elective Free Elective	4 4 4 3	TRAL 476: Risk Management TRAL 479: Nature & Human Exp Free Elective Free Elective	3 3 4 3	Free Elective Free Elective Free Elective Addt'l electives to reach 180 cr.	4 4 4 1-3	
	Total Credits	15	Total Credits	13	Total Credits	12 -15	
	<b>Co-Curricular and Academic Opportunities Fourth Year</b>	<input type="checkbox"/> Begin post grad job search, develop resume, continue connecting with Career Development Center <input type="checkbox"/> Complete internship requirements (incomplete grade) fall term <input type="checkbox"/> Consider leading Cascades Adventures trips <input type="checkbox"/> Plan for Commencement Ceremony and celebrations in June!					

*\*This is a sample schedule intended for informational purposes only. Students should consult with their OSU academic advisor to create a personalized degree plan.  
See the TRAL – NEAT checklist for detailed degree requirements*