# BS in TRAL with Option in Adventure Leadership Education

## SAMPLE CURRICULUM 2022-2023

### FIRST YEAR

<table>
<thead>
<tr>
<th>FALL</th>
<th>WINTER</th>
<th>SPRING</th>
</tr>
</thead>
<tbody>
<tr>
<td>TRAL 130 (3 cr)</td>
<td>Intro. to Outdoor &amp; Adventure Prof.</td>
<td></td>
</tr>
<tr>
<td>TRAL 173 (2 cr)</td>
<td>Intermediate Rock</td>
<td></td>
</tr>
<tr>
<td>MTH 105 (3 cr)</td>
<td>(Taught Winter or MTH 111 (4 cr) College Algebra (Taught Fall, Winter &amp; Summer)</td>
<td></td>
</tr>
<tr>
<td>WR 121 (4 cr)</td>
<td>English Composition (Taught Fall, Winter, Spring)</td>
<td></td>
</tr>
<tr>
<td>COMM 111 (3 cr)</td>
<td>Public Speaking (Taught Fall, Winter) or COMM 114 (3 cr) Argument &amp; Critical Discourse (Taught Spring)</td>
<td></td>
</tr>
<tr>
<td>HHS 231 (2 cr)</td>
<td>Lifetime Fitness for Health (Taught Fall, Winter, Spring)</td>
<td></td>
</tr>
</tbody>
</table>

### SECOND YEAR

<table>
<thead>
<tr>
<th>FALL</th>
<th>WINTER</th>
<th>SPRING</th>
</tr>
</thead>
<tbody>
<tr>
<td>TRAL 215 (4 cr)</td>
<td>Outdoor Leadership Fundamentals</td>
<td></td>
</tr>
<tr>
<td>ST 201 (4 cr)</td>
<td>Principles of Statistics I</td>
<td></td>
</tr>
<tr>
<td>FES 422 (4 cr)</td>
<td>Research Methods in Social Science</td>
<td></td>
</tr>
<tr>
<td>TRAL 399 (2 cr)</td>
<td>Skills course approved by program (sub for TRAL 309)</td>
<td></td>
</tr>
<tr>
<td>Elective Course</td>
<td></td>
<td></td>
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</tbody>
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### NOTES:
- Shaded courses are part of the ALE Option
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### THIRD YEAR

<table>
<thead>
<tr>
<th>FALL</th>
<th>WINTER</th>
<th>SPRING</th>
</tr>
</thead>
</table>
| TRAL 353 (4 cr)  
Nature Eco-Adv  
Tourism | TRAL 270 (1 cr)  
Pre-Internship | TRAL 377 (5 cr)  
Expeditions I (Water)  
Preq: TRAL 370 & 260,  
Co-req: TRAL 379 |
| TRAL 375 (4 cr)  
Experiential  
Education  
(WIC) | TRAL 370 (4 cr)  
Design Mgmt. OD  
Experience  
Preq: TRAL 280 or TRAL 375 | TRAL 379 (10 cr)  
Expeditions II (Land)  
Preq: TRAL 370  
Co-req: TRAL 377 |
| TRAL 357 (3 cr)  
Parks and Protected  
Areas Mgmt.  
or  
TRAL 352 (3 cr)  
Wilderness Mgmt.  
(online) | TRAL 493 (4 cr)  
Environmental  
Interpretation  
(online) | [ SUMMER TERM ]  
TRAL 410 (6 cr)  
Internship  
Preq: TRAL 270 |
| Elective Course | SYNTHESIS  
Science, Technology &  
Society  
FW 350 (3 cr)  
Endangered Species | Elective Course |

### FOURTH YEAR

<table>
<thead>
<tr>
<th>FALL</th>
<th>WINTER</th>
<th>SPRING</th>
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</thead>
</table>
| TRAL 374 (3 cr)  
Outdoor & Adventure  
Education | TRAL 476 (3 cr)  
Risk Management in  
TRAL | Elective Course |
| TRAL 479 (3 cr)  
Nature & the Human  
Experience | Elective Course | Elective Course |
| SUS 350 (4 cr)  
Sustainable  
Communities | Elective Course | Elective Course |
| Elective Course | Elective Course | Elective Course |