



DOCTOR OF PHYSICAL THERAPY

OSUcascades.edu/dpt



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Cascades

HELP PEOPLE LEAD BETTER LIVES.



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The Doctor of Physical Therapy (DPT) program prepares you for a rewarding career as a physical therapist. You'll study at a top research university in state-of-the-art classrooms and labs, then apply what you learn in physical therapy clinics throughout the state and across the United States. Above all - you'll learn how to help people of all ages and abilities move more easily and lead better lives.

WHAT'S OUR EDGE?

- Learn from expert clinicians and researchers in the field.
- Cutting-edge classrooms and labs.
- 100% in-person program.
- Small classes.
- Major research institution.
- Bend's vibrant physical therapy community.
- Affordable tuition.
- Pre-DPT pathway through our kinesiology program.
- Clinical rotations throughout the first year.



PROGRAM DETAILS



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OUR PURPOSE

Our vision is to provide exceptional education that improves the human experience in Oregon and beyond through optimizing movement for everybody. As with all entry-level DPT programs, we train students to be entry-level generalists in the profession, exhibiting competency and safety in practice no matter which setting they choose to enter after graduation. For those students who wish to specialize, we encourage and support application into post-graduate residency programs and/or practice and study toward sitting for national specialist board certification exams.

OUR MISSION

The Doctor of Physical Therapy program at OSU-Cascades provides exceptional research and teaching faculty and staff to support outstanding students in becoming compassionate entry-level clinician-scientists. Our students bring a diversity of thought, background and experience to the program and translate that into the ability to positively impact a diverse population in a changing healthcare environment. The DPT program at OSU-Cascades fosters innovation and promotes sustainability of the health system and communities in Central Oregon and beyond, now and into the future.

SMALL CLASS SIZES

With fewer than 50 students per cohort, we retain the OSU-Cascades feel of a small liberal arts school with the resources of OSU behind us. We get to know each of our students personally and we work as a team to create our students' success.

INTEGRATION OF CLINICAL AND CLASSROOM

Classroom and clinic learning are integrated throughout all three years of our curriculum. Our signature Year One Program gives students early hands-on opportunities to connect the classroom to the clinic. The second year integrates diagnosis- or body region-specific patient labs into coursework, and the student spends their entire third year in clinical rotations.

Service learning opportunities provide hands-on training and real world experience while providing a valuable resource to our community.



FIRST PUBLIC DPT PROGRAM IN OREGON

Physical therapy is a rewarding and fun career, but the cost of entry may create a barrier for many students. In offering a DPT program at a public institution, we are living out our land grant mission by increasing access, affordability and sustainability of the profession we love.

FIRST OREGON DPT PROGRAM EAST OF THE CASCADES

By locating our program on Oregon State University's Cascades campus in the heart of Bend, Oregon, we offer a unique opportunity for students from our region to train and remain in our region to work after graduation. Our program will include coursework on rural health care and on prevention, health promotion and wellness programs, and the curriculum is designed with an eye to serving rural and urban centers equally well.

FIRST DPT PROGRAM AT A MAJOR RESEARCH UNIVERSITY IN OREGON

As part of Oregon State University, we are able to draw exceptional faculty and access funding and support systems only available to major research universities. Our students participate in a dedicated research course sequence in Years One and Two to leverage these resources, ask important questions, improve our understanding of human movement and translate academic work into clinical practice.

CURRICULUM

Each DPT cohort starts in fall quarter (September) of their entry year and takes 203 total quarter credits, including 35 weeks of full-time clinical placements over 11 quarters. The clinical education curriculum includes an innovative Year One Program that sends students into clinics weekly to practice the skills they learn in their first year of classroom work, for sixty additional hours of clinical experience. The DPT program ends in June of their third year, when graduating students participate in the OSU-Cascades commencement ceremony and receive their Doctor of Physical Therapy degree.

Curriculum and timeline subject to change



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YEAR ONE

Fall	Credits
PT 723 Professionalism and Cultural Competence	3
PT 724 Basics of Patient Management	5
PT 725 Foundations of Clinical Biomechanics	4
PT 726 Therapeutic Exercise I for the Physical Therapist	4
PT 732 Musculoskeletal Anatomy I for the Physical Therapist	7
PT 773 Evidence Based Practice and Research Methods I	1
Total	24
Winter	Credits
PT 727 Therapeutic Exercise II for the Physical Therapist	4
PT 733 Musculoskeletal Anatomy II for the Physical Therapist	6
PT 734 Neuroanatomy for the Physical Therapist	5
PT 735 Clinical Biomechanics I	5
PT 737 Principles of Disease	3
PT 792 Clinical Experience I: part time	1
Total	24
Spring	Credits
PT 728 Therapeutic Exercise III for the Physical Therapist	4
PT 729 Biophysical Agents	2
PT 736 Clinical Biomechanics II	3
PT 753 Management of Cardiopulmonary Dysfunction	6
PT 774 Evidence Based Practice and Research Methods II	3
PT 793 Clinical Experience II: part time	1
Total	19
Summer	Credits
PT 738 Neuroscience for the Physical Therapist	3
PT 742 Clinical Physiology for the Physical Therapist	3
PT 744 Motor Control & Learning Across the Lifespan	3
PT 775 Evidence Based Practice and Research Methods III	3
PT 776 Preparation for DPT Capstone Research	1
PT 794 Clinical Experience III: 2 week	3
Total	16



YEAR TWO

Fall	Credits
PT 739 Pathology & Pharmacology for the Physical Therapist	5
PT 749 Geriatric Physical Therapy	3
PT 754 Orthopedics I	6
PT 758 Management of Neurological Dysfunction I	5
PT 781 DPT Capstone Research I	2
Total	21
Winter	Credits
PT 747 Motor Development for the Physical Therapist	3
PT 755 Orthopedics II	6
PT 759 Management of Neurological Dysfunction II	6
PT 767 Physical Therapy in Rural Communities	2
PT 769 Prosthetics and Orthotics in Physical Therapy	3
PT 782 DPT Capstone Research II	2
Total	22
Spring	Credits
PT 751 Pediatric Physical Therapy	3
PT 756 Orthopedics III	6
PT 762 Management of Neurological Dysfunction III	4
PT 764 Differential Diagnosis for the Physical Therapist	3
PT 768 Business and Administration in Physical Therapy	3
PT 772 Imaging for the Physical Therapist	1
PT 783 DPT Capstone Research II	2
Total	22
Summer	Credits
PT 757 Sports Physical Therapy	3
PT 766 Health Promotion and Wellness in Physical Therapy	3
PT 771 Physical Therapy Specialties	3
PT 795 Clinical Experience IV: 3 Week	4
Total	15

YEAR THREE

Fall	Credits
PT 796 Clinical Experience V: 10 wk	14
Total	14
Winter	Credits
PT 797 Clinical Experience VI: 10 wk	14
Total	14
Spring	Credits
PT 798 Clinical Experience VII: 10 wk	14
Total	14



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CLINICAL EDUCATION

INTRODUCTION

OSU-Cascades is committed to deep integration of classroom and clinical learning. In our innovative Year One Program, which starts in the second term of the program, students spend time doing hands-on training in local clinics. By dedicating a half-day each week to clinical education, our students have the opportunity to apply classroom learning to practice in real time on real patients and to get an early start practicing professional behaviors and communication in a clinical setting. By the time students start their terminal clinical experiences in Year Three, they will have had nearly seven weeks of hands-on work in clinical settings.

CLINICAL EDUCATION PARTNERSHIPS

The foundation of our program is close partnerships with physical therapists and health organizations in Central Oregon, across Oregon and the Pacific Northwest and around the country. Clinicians share their expertise and experience by participating in our clinical education program, bringing students into their clinical settings for anywhere from an hour-long observation to a 10-week internship. Clinical partners benefit from targeted training to build clinical education expertise, increased local continuing education opportunities, and partnerships with nationally recognized faculty to work at the forefront of physical therapist research and practice.

Clinical partners are sought in settings that expose students to the following areas:

- **Lifespan:** 0-21, 22-64, 65+ years old.
- **Continuum of Care:** Acute/ICU/Critical Care; SNF/ECF/Sub-Acute; Rehabilitation; Ambulatory/Outpatient; Home Health/Hospice; Wellness/Fitness/Industrial.
- **Diagnostic Categories:** Musculoskeletal; Neuromuscular; Cardiopulmonary; Integumentary; Medical.



CLINICAL EDUCATION CURRICULUM AND TIMELINE

Curriculum and timeline subject to change

	FALL	WINTER	SPRING	SUMMER
Year One	Classroom Coursework			
	Professional & Comm Skills 2hr/wk	Integrated Clinical Experience 3hr/wk	Integrated Clinical Experience 3hr/wk	Clinical Experience 2 week full-time
Year Two	Classroom Coursework			
	On-campus patient experiences integrated with clinical classes			Clinical Experience 3 week full-time
Year Three	Clinical Education 10-week full time	Clinical Education 10-week full time	Clinical Education 10-week full time	

“The collaborative clinical model allowed us as clinical partners to compare cases, bounce ideas off of each other, help remember topics covered in class and feel more comfortable going out into the clinic during our first year of school.” - C.S., Class of 2024

YEAR ONE:

In the first term of the program, students will practice professional behaviors and communication skills in on-campus labs to prepare for being in the clinic. During the Integrated Clinical Experiences (ICEs) in winter and spring quarters, pairs of students head into local clinics with their clinical instructor to practice the clinical and professional skills and behaviors they have learned.

YEAR ONE SUMMER:

At the end of summer term (typically the last two weeks of August), the student pairs return to their assigned clinic for a two-week full-time clinical experience.

YEAR TWO:

Volunteer sessions and other community opportunities tie directly to clinical management courses, allowing the instructor to guide targeted learning for specific diagnoses.

YEAR TWO SUMMER:

In early summer, students have a three-week full-time clinical rotation. Once completed, students return to campus to wrap up their last courses.

YEAR THREE:

Students will participate in three (3) ten-week clinical rotations in a variety of settings, concurrent with our academic quarters:

- Late September through mid-December.
- January through mid-March.
- Late March through mid-June.



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ADMISSION REQUIREMENTS

The application process for fall 2024 admission to the OSU-Cascades Doctor of Physical Therapy program will open July 1, 2023. The OSU-Cascades DPT program will participate in the Physical Therapist Centralized Application Service, known as PTCAS, in the 2023-2024 admissions cycle. Applicants applying to the OSU-Cascades DPT program for the 2024 entering class will apply online using the PTCAS application beginning July 1, 2023. To learn more about PTCAS, visit www.ptcas.org. Applications due October 2, 2023. Applicants must be U.S. citizens or permanent residents who currently and will continue to reside in the U.S. for the entirety of the program. They must also satisfy all requirements, which include:

BACHELOR'S DEGREE

Applicants must hold a bachelor's degree from a regionally accredited college or university by the date of program enrollment, which is in September of each year.

MINIMUM CUMULATIVE AND SCIENCE GPAS OF 3.0

The minimum cumulative GPA is 3.0 and the minimum prerequisite GPA is 3.0 (the prerequisite GPA includes all prerequisite science, psychology and statistics courses). Higher GPAs will be more competitive within the applicant pool.

GRADUATE RECORD EXAMINATION (GRE) SCORES

The GRE is not required for DPT applicants.

RESUME

You will be asked to upload your resume as a part of the application. No template is required. We encourage you to be inclusive in adding your experiences.

TRANSCRIPTS

Transcripts from each institution are required, including any graduate coursework or degrees completed.

ADMISSION REQUIREMENTS



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PHYSICAL THERAPY OBSERVATION HOURS

- A minimum of 40 hours of clinical experience in a physical therapy setting and under the supervision of a licensed physical therapist is highly recommended and applicants may be more competitive if they exceed this minimum. This requirement can be completed in a volunteer or paid capacity.
- Observation in two or more different types of physical therapy settings is highly recommended. Examples of different settings are pediatric, acute rehab, sub-acute rehab or outpatient orthopedic. Observation at two different orthopedic clinics would not fulfill this recommendation.

ESSAYS

The application will include two essays: the standard PTCAS essay and an OSU-Cascades DPT specific essay. Please make sure that you answer both essay questions.

RELATED WORK/VOLUNTEER EXPERIENCE

Applicants will be required to list related work and volunteer experiences, via PTCAS, that they have had that are related to physical therapy but not actually in physical therapy. Some examples are listed below:

- Working as a caregiver.
- Working as a medical scribe.
- Coaching a youth sports team.
- Working as a personal trainer.
- Working at a retirement center.

THREE LETTERS OF RECOMMENDATION

Three confidential letters of recommendation from professionals attesting to the ability, scholarship and aptitude of the candidate for a rigorous full-time DPT program are required.

- At least one letter must be from a licensed physical therapist with whom the applicant had a professional association and can thereby appropriately evaluate the applicant's potential as a student in the DPT program.
- One letter must be from a professor for a course which the applicant completed.
- The third letter of recommendation can be from a licensed physical therapist, academic instructor for a course which the applicant completed, or an individual that the applicant worked, volunteered, served or participated with **in a professional environment or setting.**

PROGRAM DISCLOSURE FORM

Once your PTCAS application is submitted, verified and received by OSU-Cascades, applicants will be sent an email notification from OSU-Cascades asking you to review and sign the Program Disclosure form.

TECHNICAL STANDARDS FORM

Once your PTCAS application is submitted, verified and received by OSU-Cascades, applicants will be sent an email notification from OSU-Cascades asking you to review and sign the Technical Standards form.

ADMISSION REQUIREMENTS

PREREQUISITE COURSES

All prerequisite coursework must be completed by the end of the summer term prior to commencing the program. We recommend all prerequisite courses are completed at the time of application.

Prerequisite Courses and Other Recommended Courses:

- All courses must be acceptable for science majors or for pre-health professions majors.
- Courses described as “survey” will not be accepted as prerequisites.
- Grades of “C” or better are required in all prerequisite courses, as outlined below.
- Prerequisite courses taken on a “pass/no pass” basis will not be accepted.
- All science coursework must have been completed within 7 years of the intended year of entry.
- Advanced Placement (AP) courses will not be accepted as prerequisites for chemistry, physics or anatomy & physiology. One AP course can be applied to the statistics prerequisite course OR to one of the psychology prerequisite courses (only one AP course can be utilized).

Biological Sciences:

- A one-year anatomy & physiology series with labs OR one semester of anatomy (with lab) and one semester of physiology (with lab) designated for science majors or pre-health professions.
- At OSU-Cascades & OSU: BI 231 (Lab BI 241), BI 232 (Lab BI 242), B 233 (Lab BI 243) series.

Chemistry:

- A one-year general chemistry series with labs designated for science majors or pre-health professions.
- At OSU-Cascades & OSU:
Preferred: CH 231 (Lab CH 261), CH 232 (Lab CH 262), CH 233 (Lab CH 263) series.
Adequate: CH 121 (lecture/lab), CH 122 (lecture/lab), CH 123 (lecture/lab) series.

Physics:

- A one-year general physics series with labs (calculus-based not required) designated for science majors or pre-health professions.
- At OSU-Cascades & OSU: PH 201 (lecture/lab), PH 202 (lecture/lab), PH 203 (lecture/lab) series; OR, PH 211 (lecture/lab), PH 212 (lecture/lab), PH 213 (lecture/lab) series.

Psychology: 3 quarter courses OR 2 semester courses

- Must include at least one general psychology course.
- At OSU-Cascades & OSU: PSY 201, PSY 202, PSY 381, KIN 370.

Statistics: one course (quarter or semester)

- One statistics course in any discipline is acceptable.
- At OSU-Cascades & OSU: KIN 490 or ST 351 or ST 201.



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ADMISSION REQUIREMENTS

OTHER RECOMMENDED COURSES

These courses are not required but are recommended. Below is a list of recommended courses at OSU-Cascades and OSU but equivalent courses at other universities will fulfill this recommendation.

- Adult Development and Aging (OSU-Cascades & OSU: HDFS 314)
- Anatomical Kinesiology (OSU-Cascades & OSU: KIN 425)
- Biochemistry (OSU-Cascades & OSU: BB 450, BB 451)
- Biomechanics of Human Movement (OSU-Cascades & OSU: KIN 321)
- Exercise Physiology (OSU-Cascades & OSU: KIN 324)
- Infant and Child Development (OSU-Cascades & OSU: HDFS 311)
- Introduction to Adapted Physical Activity (OSU-Cascades & OSU: KIN 314)
- Motor Behavior (OSU-Cascades & OSU: KIN 311)
- Organic Chemistry (OSU-Cascades & OSU: CH 331, CH 332, CH 337)
- Physical Activity, Aging, and Chronic Disease (OSU-Cascades & OSU: KIN 437)
- Tissue Injury and Repair (OSU-Cascades & OSU: KIN 483)
- Therapeutic Exercise (OSU-Cascades & OSU: KIN 385)



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FACULTY

PROFESSOR AND PROGRAM DIRECTOR



Christine Pollard, PT, Ph.D.

Christine Pollard is a professor and program director of the Doctor of Physical Therapy program at OSU-Cascades. She joined OSU-Cascades in 2011 to develop and lead the kinesiology program, and began developing the Doctor of Physical Therapy program in 2017.

Dr. Pollard received a master of science degree in physical therapy from Pacific University in 1998 and a Ph.D. from University of Massachusetts in biomechanics in 2003. Dr. Pollard was a faculty member at University

of Southern California's top-ranked Doctor of Physical Therapy program and California State University Long Beach's Doctor of Physical Therapy program before joining OSU-Cascades.

Dr. Pollard founded the FORCE biomechanics lab at OSU-Cascades in 2013. Her research is dedicated to improving the scientific understanding of lower extremity injuries, and advancing injury-prevention and rehabilitation programs based on this knowledge. Her research is primarily focused in two areas: identifying biomechanical changes at the knee in individuals' post-ACL reconstruction, and examining the influence of varying types of running footwear on running biomechanics.

CLINICAL ASSISTANT PROFESSOR AND DIRECTOR OF CLINICAL EDUCATION



Lisa Flexner, PT, DPT, FAAOMPT

Lisa Flexner is a clinical assistant professor and the director of clinical education for the Doctor of Physical Therapy program at OSU-Cascades. She oversees the clinical internship programs and the integrated clinical experiences throughout the DPT program, as well as teaching, professionalism, leadership and related classes in the DPT program. Previously, she was a kinesiology instructor at OSU-Cascades.

Dr. Flexner attended Stanford University and received her B.A. in psychology and M.A. in sociology. She worked in management consulting and for software and internet companies before changing careers. She earned a Doctor of Physical Therapy from University of Washington and completed residency and fellowship training in Orthopaedics and Manual Therapy. She is a Fellow in the American Academy of Orthopaedic Manual Physical Therapy and serves in leadership roles in the American Physical Therapy Association.

Dr. Flexner is an experienced orthopedic/spine clinician who has worked in private practice orthopedics and hospital-based pediatric sports medicine settings in Washington and Oregon. Prior to joining OSU-Cascades, Dr. Flexner was on the teaching team for the University of Washington's DPT program. She has a passion for connecting the clinical to the classroom, helping students link what they're learning to the human beings they will treat.



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CLINICAL ASSISTANT PROFESSOR



Erin Fitzgerald, PT, DPT, NCS.

Dr. Erin Fitzgerald is a Clinical Assistant Professor in the DPT program, where she teaches and leads the basic science curriculum for neurologic content as well as teaching within the clinical coursework. Prior to joining OSU-Cascades DPT program, she taught within the Neuroanatomy, Neuroscience and Neurologic Patient Management curriculum at the University of Southern California in both residential and hybrid pathways. In addition to teaching, Fitzgerald has 9 years of clinical experience working with people with

neurologic diagnoses in the outpatient, inpatient rehabilitation and ICU settings at Keck Medical Center of USC and the USC Faculty Practice.

Fitzgerald holds a doctoral degree in physical therapy from the University of Southern California and completed a Neurologic Physical Therapy Residency at USC/RLANC. She has been a board-certified Neurologic Clinical Specialist since 2015. Additionally, she has over 6 years of experience in clinical research working with recovery of the upper extremity in people with chronic stroke, imaging for people with chronic pain, and exercise intervention with people with mild cognitive decline at risk for development of Alzheimer's Disease.

ASSISTANT PROFESSOR



JJ Hannigan, Ph.D., ATC, CSCS

Dr. JJ Hannigan is an assistant professor in the DPT program, where he leads the biomechanics, analytical anatomy, and research courses. Hannigan joined OSU-Cascades from San José State University, where he was an assistant professor in their kinesiology program.

Hannigan earned his Ph.D. and M.S. in human physiology (biomechanics) from the University of Oregon, a Master of Athletic Training from Saint Louis University, and a B.S. in exercise science from Saint Louis University. He

completed his postdoctoral work in the FORCE Laboratory at OSU-Cascades.

Hannigan was a competitive distance runner, but was frequently injured, which ultimately led him to conduct research on running injury biomechanics. Hannigan's research focuses on identifying biomechanical risk factors and improving treatment strategies for orthopedic injuries across the lifespan, including running injuries, ACL tears and knee osteoarthritis. He is an active member of the American Society of Biomechanics, International Society of Biomechanics and the American College of Sports Medicine. In addition, Hannigan has been involved with local community service work for the Latino Community Association.



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CLINICAL ASSOCIATE PROFESSOR

Erin E. Jobst, PT, MPT, Ph.D.

Dr. Erin E. Jobst is a clinical associate professor in the DPT program, where she leads the physiology, pathophysiology, and pharmacology courses. Prior to joining OSU-Cascades, she was on the DPT faculty at Pacific University for 15 years. She has also taught pharmacology courses for various organizations both nationally and internationally.

Jobst earned her master's degree in physical therapy from the University of California, San Francisco/San Francisco State University and her Ph.D. in physiology and pharmacology/integrated biomedical sciences from Oregon Health & Science University. Jobst did five years of post-doctoral research in the Division of Neuroscience at the Oregon National Primate Research Center, investigating feeding circuits and potential obesity treatment targets. In addition to her expertise in physiology, Jobst is passionate about direct patient care, and continues to practice part-time in the acute care setting.

Jobst has co-authored the text "Pharmacology for the Physical Therapist" (McGraw-Hill, 2nd Ed, 2020). She is series editor of "Physical Therapy Case Files" (McGraw-Hill), a series of case-based books – in acute care, orthopaedics, neurological rehabilitation, sports and pediatrics – designed to assist students in the transition from classroom-based knowledge to implementation of evidence-based assessments and interventions. Jobst is a member of the American Physical Therapy Association including the sections on acute care, cardiovascular & pulmonary, and education.

CLINICAL ASSOCIATE PROFESSOR



Kathryn Lent, PT, Ph.D., DPT

Dr. Kathryn Lent is a clinical assistant professor in the DPT program, where she leads the musculoskeletal anatomy sequence and the motor development and pediatric rehabilitation courses. Prior to joining OSU-Cascades, Lent taught within the anatomy and pediatrics curriculum at the University of Washington DPT program. In addition, she brings with her extensive experience working in inpatient and outpatient pediatrics.

Lent earned her doctoral degree in physical therapy and her Ph.D. in rehabilitation science from the University of Washington. Her research is largely centered around diversity, equity and inclusion in rehabilitation, as well as pediatric rehabilitation. Dr. Lent's scholarly work includes professional presentations and publications in the areas of LGBTQ+ health, disability studies and racial/ethnic health disparities. She has been actively involved in numerous DEI and Rehabilitation DEI committees and councils. She is a member of the APTA.



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CLINICAL ASSOCIATE PROFESSOR



Marcey Keefer Hutchinson, PT, DPT, SCS, ATC, CMP

Dr. Marcey Keefer Hutchison is a clinical associate professor in the DPT program and teaches across the musculoskeletal continuum. Her research is focused on the use of diagnostic ultrasound to explore foot and ankle morphology and pathology with publications that include work on barefoot exercise and ankle fractures.

Keefer Hutchison holds a Master of Science in Physical Therapy from Pacific University, a Doctor of Physical Therapy from Northeastern University, and has been a practicing clinician for more than 29 years. Keefer Hutchison is a founding faculty member of the George Fox University School of Physical Therapy where she was the lead instructor in the DPT musculoskeletal courses since 2012. Her clinical career has included directing a private practice orthopedic and sports medicine clinic in Keizer, Oregon for fourteen years. She also managed the athletic training program for the Salem-Keizer School District. Her experience in sports medicine includes medical coverage for the Cascade Half Marathon, U.S. National Figure Skating Championships, the Women's Pro-Beach Volleyball Tour and numerous Oregon School Activities Association events.

Keefer Hutchison is a member of the American Physical Therapy Association, American Physical Therapy Association - Oregon and the Daughters of Hawaii. She serves as co-leader for the Foot and Ankle Special Interest Group task force on the development of fellowship practice for the foot and ankle. Keefer Hutchison has been a board-certified Sports Clinical Specialist since 2015.

CLINICAL ASSISTANT PROFESSOR



Peter Schrey, PT, DPT, OCS, CSCS

Dr. Schrey is a clinical assistant professor at OSU-Cascades. He joins the core faculty after being an associated faculty, clinical instructor and outpatient orthopedic clinician in Bend. He leads the Foundations of Clinical Biomechanics, Biophysical Agents, Sports Physical Therapy, and Physical Therapy Specialties courses as well as assisting in Therapeutic Exercise, Orthopedics and Clinical Biomechanics.

Schrey received his B.S. degree in Kinesiology from San Francisco State University and his DPT from Regis University, graduating in 2005. He has been APTA Orthopedics Certified Specialist (OCS) since 2011 and has been a Certified Strength and Conditioning Specialist (CSCS) since 2005. He has also been a Credentialed Clinical Instructor through the APTA since 2010. Throughout his career, Schrey has been working in outpatient orthopedics and sports physical therapy, more recently specializing in lower quarter dysfunctions in athletes. His advanced training includes manual therapy, McKenzie system, strength and conditioning, gait analysis, functional biomechanics, and pain science. He has been a clinical instructor for dozens of DPT students from 7 different universities over the last 12 years. Schrey has volunteered on sports medicine teams at numerous sporting events over the years, including being selected for the 2008, 2012 and 2021 USATF Olympic Trials and World Athletics Championships Sports Medicine Teams.

Schrey is passionate about running, clinical reasoning, therapeutic alliance, and advancing the public perception of physical therapy. Dr. Schrey is very excited to be a part of the OSU-Cascades DPT program, helping to train the future of the profession in a wide variety of courses as well as clinical education.



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CLINICAL ASSISTANT PROFESSOR



Meredith Wampler-Kuhn, PT, DPTSc

Dr. Meredith Wampler-Kuhn is a clinical assistant professor in the DPT program. She joins OSU-Cascades from St. Charles Health System, where she co-leads the ASCENT Cancer Survivorship Program as part of her role as Lead Physical Therapist. Wampler-Kuhn previously taught within DPT programs at UCSF/San Francisco State University and University of Puget Sound and teaches across the patient management and neurology curriculum at OSU-Cascades.

Wampler-Kuhn earned a B.A. in biology from Westminster College, a B.H.S. in physical therapy from University of Missouri and a D.P.T. Sc. from University of California, San Francisco and San Francisco State University. Wampler-Kuhn's clinical background includes acute care, neurologic physical therapy, and over 18 years of experience in treating patients with cancer.

Her research interests lie in management of the patient with cancer and in cancer survivorship. She has published several peer reviewed manuscripts on her clinical research, chemotherapy-induced peripheral neuropathy and balance impairments and presented at the APTA's Combined Sections Meeting (CSM). She is an active member of the American Physical Therapy Association Oncology Section, and is a board-certified Oncology Clinical Specialist.

DOCTOR OF PHYSICAL THERAPY ACADEMIC PROGRAM COORDINATOR



Jordan Zardinejad, MBA

Jordan Zardinejad joined OSU-Cascades in 2016 as the graduate recruitment and program support coordinator. Previously, he worked as an assistant director of admissions in Portland and has over seventeen years of experience in higher education, including admissions and recruitment, program support, marketing, operations and project management. Zardinejad attended Oregon State University where he earned a Bachelor of Science in Business Administration in 2002 and a Master of Business Administration in 2003.



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STATE-OF-THE-ART FACILITIES



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The Doctor of Physical Therapy program is housed in a new academic building with classrooms and laboratories custom-made for the program.

DPT CADAVER LABORATORY

The cadaver laboratory houses up to 12 cadavers and a 3D Anatomage table with instructional monitors visible from each cadaver table.



DPT CLINICAL-SKILLS CLASSROOM

The clinical-skills classroom replicates a clinical practice with a wide variety of equipment found in a variety of clinical practice settings.



DPT CLINICAL CLASSROOM

The clinical classroom houses 24 Hi-Lo Treatment Tables for hands-on clinical courses. This classroom is outfitted with a video capture system which allows for lecture projection throughout the room. Video capture is collected for all lectures to allow students access for study use.



STATE-OF-THE-ART FACILITIES

BIOMECHANICS LABORATORY

DPT faculty and students utilize this state-of-the-art biomechanics laboratory. This laboratory contains a 10-camera Vicon motion capture system, multiple AMTI force plates, a Biodex System 3 dynamometer, two Vicon Bonita cameras, Vicon Motus 10.0 system and Visual 3-D software.



EXERCISE PHYSIOLOGY LABORATORY

DPT faculty and students utilize a cutting-edge exercise physiology laboratory. This lab contains extensive clinical and research-grade metabolic testing equipment, treadmills, rowing machines and a multiple channel EMG system.



Accreditation

Effective July 13, 2021, Oregon State University - Cascades has been granted Candidate for Accreditation status by the Commission on Accreditation in Physical Therapy Education (3030 Potomac Ave., Suite 100, Alexandria, Virginia 22305-3085; phone: 703-706-3245; email: accreditation@apta.org). To contact the program directly, please call 541-322-3118 or email DPT@osucascades.edu.

Candidate for Accreditation is an accreditation status of affiliation with the Commission on Accreditation in Physical Therapy Education that indicates the program may matriculate students in technical/professional courses. Achievement of Candidate for Accreditation status does not assure that the program will be granted Initial Accreditation.

CAPTE Timing and the Licensing Exam.

The DPT program will be evaluated for full-accreditation status in the third year of the first cohort (2023/2024). Accreditation is anticipated to be received the spring of 2024 prior to graduation of the first cohort which will be June 2024. Based on Rule 7.2 (see below), graduates of the first cohort will be able to take the National Physical Therapy Examination (NPTE) as early as July 2024.

New Rule: 7.2 Definition of Candidate for Accreditation

Candidate for Accreditation is a pre-accreditation status, awarded prior to enrollment of students in the technical (PTA programs) or professional (PT programs) phase of the program, which indicates that the physical therapy education program is progressing toward accreditation. All credits and degrees earned and issued by a program holding candidacy are considered to be from an accredited program.



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