

## Links to Share with Audience: Science Pub April 11, 2022

### Roots of Resilience

Blog: <https://blogs.oregonstate.edu/earlychildhood/>

Research Briefs: <https://blogs.oregonstate.edu/earlychildhood/news-and-publications/>

Video: [Roots of Resilience](#)

Enroll in the Online Course or Request Scholarships:

<https://blogs.oregonstate.edu/earlychildhood/register-for-online-course/>

### Resilience Series: Info Sheets

We have a new set of free bilingual peer-reviewed resources you may use with families and providers: a set of three one-page info sheets on nurturing resilience in young children.

1. *Protective Factors for Resilience/Factores Protectores de la Resiliencia*: <https://beav.es/protect>
2. *Interactions are the Heart of Resilience/Las Interacciones son el Corazon del la Resiliencia*: <https://beav.es/heart>
3. *Mindful Practices for Resilience/Practicas Conscientes Para la Resiliencia*: <https://beav.es/mindful>

**Social Media Toolkit (If you'd like to help spread the word):** <https://airtable.com/shr0yyEJP2G8wxAIA>

Click on each square in the table to open the full text, link, images and description to download and use in newsletters, on Facebook and on Instagram. There's a post developed for the Instagram and Facebook Story format. Feel free to edit the text or customize it for your audience.

**OSU Extension Family and Community Health:** <https://extension.oregonstate.edu/family-community-health>

**Hallie Ford Center for Healthy Children and Families:** <https://health.oregonstate.edu/hallie-ford>

**Oregon Child Care Research Partnership:** <https://health.oregonstate.edu/occrp>

**Early Childhood Career Development Program:** <https://osucascades.edu/early-childhood-career-development-program>

**Learn and sign up for School Readiness Study at OSU:**

<https://health.oregonstate.edu/research/projects/interplay>

### Other resources mentioned during presentation

- Heckman Equation: <https://heckmanequation.org/>
- ACEs Connection: <https://www.acesconnectioninfo.com/>
- Harvard Center for Developing Child (Resilience Concepts): <https://developingchild.harvard.edu/science/key-concepts/resilience/>