

**OSU-Cascades Community Engagement**  
*Health & Wellness Advisory Group*

**Discussion Highlights – December 7, 2015**  
**Meeting Facilitator: Libby Barg, Barney & Worth, Inc.**

- There are opportunities for health and wellness partnerships with groups that are already involved in collaborative partnerships / organizations. Partners include local health care providers (physical and mental), public transit, private businesses, non-profits, City of Bend and the Park & Recreation District. The campus will need flexible multi-use space on campus to provide opportunities for partners to provide service to students.
- Student transportation issues are a key barrier for delivering services to students, as community health care facilities are off-campus. Solutions include incentivizing alternative transportation modes and finding ways to provide basic service on campus.
- Creating a destination campus with learning, study, recreation, social, and health and wellness space will entice students to stay on campus, reducing the need for cars and increasing the university's influence on student behavior.
- Other barriers to providing health and wellness services include medical insurance cost and complexity, navigating the healthcare system, the lack of mental health care providers in the region, and communicating available resources to students.
- To communicate with students, OSU will need multiple communication platforms. This requires a “wireless” campus and integrating health and wellness into campus design and curriculum.
- Prioritizing and phasing health and wellness facilities/programs will be critical to success. The university can't do everything at once. What's most important to do well first?
- Advice to the design team:
  - There needs to be a space for people to come together as a community—an interfaith facility.
  - Think broadly about health and wellness. Answer the question: “Are the spaces where people will spend most of their time as healthy as they can be?”
  - Integrate eco-wellness into campus design. Make an explicit connection to nature.
  - Create facilities that are inclusive for all students.
  - Build a destination campus that encourages students, faculty, and the community to experience the campus.
  - Think outside the box—we don't always have to do it the same way it's been done.
  - Design to inspire!