MASTER OF COUNSELING

OSUcascades.edu/counseling
Our nationally accredited counseling program enables graduates to deliver professional counseling services in a clinical mental health or school setting. The program is distinguished by exceptional in-classroom instruction, a cohort model where students form strong bonds and progress together, and both academic knowledge and theory. The experience of closely supervised practicum and internships build competence in counseling skills and in personal growth.

**CONCENTRATIONS**

**Clinical Mental Health Counseling**

The clinical mental health counseling track is designed for individuals who want to work in community agencies, treatment programs, community colleges and other counseling centers.

Graduate students in the clinical mental health counseling track work in the OSU-Cascades Counseling Clinic which offers free mental health services to the Central Oregon community.

**School Counseling (teaching experience/teaching license)**

This concentration is designed for students who have already obtained a teaching credential and have at least two years of teaching experience. If you are a licensed teacher, you can be admitted into the MCoun program and complete the required courses for the Initial and Continuing School Counselor license as a part of your MCoun degree.

**School Counseling (non-teaching experience)**

This concentration is designed for students without a teaching license or teaching experience. Students must complete the MCoun degree to be eligible for the Initial School Counselor license. Coursework in this track includes 125 hours of school-based observations and at least 75 hours of direct responsibility for classroom instruction.

**ACCREDITATION**

The counseling program is accredited by the Council for Accrediting Counseling and Related Educational Programs (CACREP), the gold standard in graduate counseling programs. This accreditation allows admitted students to take exams required for eligibility for licensure as an Oregon Licensed Professional Counselor. The program is recognized by the Oregon Board of Licensed Professional Counselors and the National Board of Certified Counselors as meeting coursework requirements for state licensing and national certification.

**CACREP Vital Statistics 2017**

OSU Counseling Academic Unit (CAU) faculty engage in continuous curricular and program assessments. Areas evaluated align with and exceed those specified by CACREP and the OSU Graduate School. We aim to provide exceptional learning environments and educational experiences for counseling students. Faculty collect and review comprehensive data each academic year as detailed in the CAU comprehensive assessment plan. This annual program report summary includes assessment results.
PART-TIME AND FULL-TIME OPTIONS

The Master of Counseling program offers a part-time option that spans three years as well as a full-time option that can be completed in two years. The programs begin in June of each year. Students choosing the part-time option take on average two classes per term, while students choosing the full-time option average four classes per term. Most classes are held in the evenings, starting at 4 p.m., Monday through Thursday with an occasional class offered in a weekend format.

Practicum and Internship

The coursework for this program integrates academic knowledge and theory with counseling practice and internships. In addition to coursework, students complete a 100-hour practicum and a 600-hour internship for the school track or a 900-hour internship for clinical mental health track. The master’s level internship in the final year is intensive and typically requires 30-40 hours per week.

Completion of this degree meets academic eligibility requirements for School Counselor Licensure from the Oregon Teacher Standards and Practices Commission and Licensed Professional Counselor from the Oregon Board of Licensed Professional Counselors and Therapists.

LICENSING OPPORTUNITIES

Licensed Professional Counselor

All MCoun graduates are eligible to apply for licensure as a Licensed Professional Counselor (LPC) from the Oregon Board of Licensed Professional Counselors and Therapists. Graduate counseling students are eligible to take the National Counselor Examination during the last quarter of their degree program. The results of this examination and other post-degree experiences required by OBLPCT are used to earn LPC status in Oregon.

More Information
Oregon.gov/oblpct
NBCC.org

School Counselor Licenses

The school counseling program has TSPC approval to offer both preliminary and professional state licensure as a school counselor. Individual advisement by your major professor is necessary to evaluate readiness for licensure.

More Information
Oregon.gov/tspc

GRADUATE STUDENT HOUSING

Enjoy on-campus living in the residence hall. Graduate student housing is designed to provide you a living environment full of amenities that is close to all campus resources. Our residence hall offers a state-of-the-art fitness center, bike/ski/snowboard storage, no deposits or utility fees, laundry and high-speed internet access.
APPLICATION CHECKLIST AND ADMISSION REQUIREMENTS

- Online Application: OSUcascades.edu/apply
- Application fee
- Official transcripts from each institution are required, including any graduate coursework or degrees completed. In-progress transcripts must document current coursework.
- Three letters of reference that can speak to your academic ability, your experience in the helping professions, and your character.
- Résumé detailing:
  - Educational Experience
  - Work Experience
  - Volunteer Experience
  - Diversity/Social Justice Experience
- Character Questionnaire
- Statement of Objectives
  - Your personal qualities, values and professionally related experiences that make graduate study in counseling appropriate for you
  - Highest hopes and greatest concerns about yourself as a student and as a counselor
  - Experience working with diversity and commitment to understanding diversity
  - Overall preparation to enter your chosen field
  - Additional experiences that are particularly relevant to this application
  - Your readiness for graduate study

Requirements
Prior to summer term enrollment, students must demonstrate:

- Completed bachelor’s degree
- Cumulative GPA of 3.0 or better (exceptions may be made; see recruitment coordinator)
- Volunteer or paid experience in the helping professions
- Demonstrated effectiveness in oral and written communication
- Personal and emotional stability

Interview Day
Applicants moving forward will be invited via email to participate in Interview Day. Out of town applicants are encouraged to submit early in the application period as their application may be reviewed soon after submission for a decision regarding invitation to interview day.
CORE COURSES
COUN 513 Pre-Practicum
COUN 514 Practicum
COUN 515 Internship
COUN 531 Developmental Perspectives
COUN 532 Social/Cultural Perspectives
COUN 533 Addictions
COUN 541 Counseling Profession
COUN 551 Theory I
COUN 552 Theory II
COUN 562 Research
COUN 567 Appraisal
COUN 568 Career Counseling
COUN 571 Group Counseling
COUN 575 Family Counseling
COUN 577 Applied Psychopathology & Psychodiagnóstics
COUN 578 Crisis, Grief & Loss
COUN 581 Cross Cultural Counseling
COUN 598 Consultation

School Counseling students take 15 credits of 515 Internship
* waived for licensed teachers or candidates not required to complete a work sample

CLINICAL MENTAL HEALTH TRACK
(90 CREDITS)
COUN 536 Applied Psychopharmacology
COUN 550 Principles of Mental Health Counseling
COUN 597 Supervision

SCHOOL COUNSELING TRACK
(78-84 CREDITS)
COUN 536 Leadership of School Counseling
COUN 548 Special Education Issues
COUN 582 Cross Cultural II
COUN 591 Instructional Strategies for School Counselors*
COUN 592 Class Instruction for Counselors*
SAMPLE CLINICAL MENTAL HEALTH OPTION (FULL-TIME*)

YEAR 1
SUMMER
COUN 531 Developmental Perspectives
COUN 541 The Counseling Profession
COUN 551 Theory and Techniques of Counseling I

FALL
COUN 513 Pre-Practicum
COUN 552 Social & Cultural Perspectives in Counseling
COUN 571 Group Counseling Procedures

WINTER
COUN 514 Practicum
COUN 533 Addictive Behavior Counseling
COUN 567 Appraisal of the Individual

SPRING
COUN 514 Practicum
COUN 562 Research Methods
COUN 577 Psychopathology/DSM
COUN 581 Cross-Cultural Counseling

YEAR 2
SUMMER
COUN 515 Internship (6)
COUN 536 Applied Psychopharmacology
COUN 552 Theory & Techniques of Counseling II
COUN 568 Lifestyle and Career Development

FALL
COUN 515 Internship (6)
COUN 575 Family Counseling
COUN 578 Crisis, Grief & Loss

WINTER
COUN 515 Internship (6)
COUN 550 Principles of Mental Health Counseling
COUN 579 Trauma Informed Counseling

SPRING
COUN 515 Internship (6)
COUN 597 Introduction to Counselor Supervision
COUN 598 Counselor Consultation

YEAR 3
SUMMER
COUN 515 Internship
COUN 536 Applied Psychopharmacology
COUN 568 Lifestyle & Careers

FALL
COUN 515 Internship
COUN 575 Family Counseling

WINTER
COUN 515 Internship
COUN 579 Trauma Informed Counseling

SPRING
COUN 515 Internship (6)
COUN 598 Consultation
COUN 597 Introduction to Counselor Supervision

*Schedules subject to change
## SAMPLE SCHOOL COUNSELING OPTION (FULL-TIME*)

### YEAR 1

**SUMMER**
- COUN 513 Pre-practicum
- COUN 541 The Counseling Profession
- COUN 551 Theory I

**FALL**
- COUN 532 Social/Cultural Perspectives
- COUN 562 Research Methods
- COUN 571 Group Counseling
- COUN 591 Instructional Strategies for School Counselors**

**WINTER**
- COUN 514 Practicum
- COUN 546 Leadership of School Counseling Programs
- COUN 567 Appraisal of the Individual
- COUN 592 Class Instruction for Counselors**

**SPRING**
- COUN 514 Practicum
- COUN 531 Developmental Perspectives
- COUN 577 Applied Psychopathology & Psychodiagnosics
- COUN 581 Cross Cultural Counseling

### YEAR 2

**SUMMER**
- COUN 548 Special Ed Issues in Counseling
- COUN 552 Theory II
- COUN 568 Career Counseling
- COUN 582 Multicultural Counseling

**FALL**
- COUN 515 Internship (5)
- COUN 575 Family Counseling
- COUN 578 Crisis, Grief & Loss

**WINTER**
- COUN 515 Internship
- COUN 533 Addictions

**SPRING**
- COUN 515 Internship (5)
- COUN 598 Consultation

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## SAMPLE SCHOOL COUNSELING OPTION (PART-TIME*)

### YEAR 1

**SUMMER**
- COUN 541 The Counseling Profession
- COUN 551 Theory I

**FALL**
- COUN 532 Social/Cultural Perspectives
- COUN 562 Research Methods

**WINTER**
- COUN 533 Addictions
- COUN 567 Appraisal of the Individual

**SPRING**
- COUN 531 Developmental Perspectives
- COUN 581 Cross Cultural Counseling

### YEAR 2

**SUMMER**
- COUN 513 Pre-practicum
- COUN 552 Theory II

**FALL**
- COUN 571 Group Counseling
- COUN 591 Instructional Strategies for School Counselors**

**WINTER**
- COUN 514 Practicum
- COUN 546 Leadership of School Counseling Programs
- COUN 592 Class Instruction for Counselors**

**SPRING**
- COUN 514 Practicum
- COUN 577 Applied Psychopathology & Psychodiagnosics

### YEAR 3

**SUMMER**
- COUN 548 Special Ed Issues in Counseling
- COUN 568 Career Counseling
- COUN 582 Multicultural Counseling II

**FALL**
- COUN 515 Internship (5)
- COUN 575 Family Counseling
- COUN 578 Crisis, Grief & Loss

**WINTER**
- COUN 515 Internship (5)

**SPRING**
- COUN 515 Internship (5)
- COUN 598 Consultation

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*Schedules subject to change

**78 total credits required for School option if hold teaching license. (84 credits required with no teaching license)