

Ryan F. Reese, PhD, LPC, LSC, NCC, ACS

A. EDUCATION, EMPLOYMENT, & LICENSURE

EDUCATION

Doctor of Philosophy, Counseling & Counselor Education May 2013
The University of North Carolina at Greensboro, Greensboro, North Carolina (CACREP-accredited)

Dissertation Title: EcoWellness: Construction & Validation of the Reese EcoWellness Inventory
(UMI 3568902)

Cognate: Public Health

Minor: Educational Research & Methodology

Specialist in Education, School Counseling & Guidance August 2010
University of Florida, Gainesville, Florida (CACREP-accredited)

Master of Education, School Counseling & Guidance August 2010
University of Florida, Gainesville, Florida (CACREP-accredited)

Bachelor of Science, Biopsychology March 2008
Minor: Chemistry
Western Washington University, Bellingham, Washington

EMPLOYMENT

Assistant Professor, MCOUN Program (CACREP), OSU Cascades 2017-Present

Instructor, MCOUN Program (CACREP), OSU Cascades 2012-2017

Professional Counselor, [EcoWellness Counseling & Consulting LLC](#) 2013-Present

Graduate Assistant (Teaching, Research, Clinical Supervision), UNCG 2010-2013

Professional Counselor, Fisher Park Counseling LLC 2011-2012

LICENSURE

National Certified Counselor (#268568) September 2010 – Present

Oregon Licensed Professional Counselor—(#C3957) December 2015 – Present

Oregon Licensed School Counselor (#10454125) July 2014 – Present

Approved Clinical Supervisor (#ACS01494) April 2013 – Present

EMDR Certified July 2017 – Present

B. TEACHING, ADVISING, AND OTHER ASSIGNMENTS

UNIVERSITY CLASSES TAUGHT

Developmental Perspectives in Counseling (COUN 531)
CMH and School Counseling Pre-Practicum (COUN 513)
School Counseling Pre-Practicum (COUN 513)
CMH and School Counseling Practicum (COUN 514)
CMH and School Counseling Internship (COUN 515)
Cross-Cultural Counseling (COUN 581)
The Counseling Profession (School Counseling) (COUN 541)
Foundations of Clinical Mental Health Counseling (COUN 550)
Theories & Techniques in Counseling I (COUN 551)
Theories & Techniques in Counseling II (COUN 552)
Group Counseling Procedures I (COUN 571)
Trauma-Informed Counseling (COUN 579)
Foundations of EcoWellness (COUN 499/599)
Counseling Adolescents (CED 671—UNCG)
Stress Management (CED 574—UNCG)
Introduction to Helping Skills (CED 310—UNCG)

UNIVERSITY CLINICAL SUPERVISION EXPERIENCE

OSU Cascades supervising masters students (2013-Present)
OSU Cascades Clinical Coordinator (2013 – 2016)
OSU Cascades Clinic Director (2013-14)
 Included supervision of doctoral students supervising masters students
 Masters student group and triadic supervision
Doctoral Internship (2011-2012)
 CMH & School Counseling Pre-Practicum/ CMH & School Counseling Internship
 Clinical On-Call Consultant
 Play Therapy
 Counseling Diverse Populations

TEACHING EFFECTIVENESS AT OSU CASCADES

Course Number	Term	Q1 Median	Q2 Median	Responses/Enrolled	Graduate Level Q1 Median	Graduate Level Q2 Median	
		6 point scale			6 point scale		
COUN 513	Su 13	5.8	5.8	7/14	5.6	5.8	
COUN 551	Su 13	5.6	5.8	11/20	5.6	5.8	
COUN 571	F 13	5.6	5.8	11/14	5.6	5.7	
COUN 514	W 14	4.8	4.8	10/11	5.2	5.5	
COUN 514	S 14	4.8	5.2	9/11	5.6	5.7	
COUN 599	Su 14	5.3	5.9	5/7	5.1	5.3	
COUN 513	Su 14	6.0	6.0	3/11	5.6	5.7	
COUN 571	F 14	5.5	5.9	6/8	5.3	5.5	
COUN 541	F 14	n/a	n/a	Not collected (N<6 students)	5.3	5.5	
COUN 531	W 15	5.1	5.3	16/25	5.5	5.7	
COUN 550	W 15	5.0	5.3	11/15	5.5	5.7	
COUN 581	S 15	5.0	5.8	12/21	5.0	5.2	
COUN 552	Su 15	5.4	5.5	10/19	5.4	5.7	
COUN 513	Su 15	5.7	5.7	5/11	5.4	5.7	
COUN 571	F 15	5.4	5.6	7/12	5.6	5.8	
COUN 541	F 15	5.8	5.8	6/11	5.6	5.8	
COUN 515	W 16	5.5	5.8	6/7	5.2	5.4	
COUN 515	S 16	5.0	5.3	5/10	5.5	5.6	
COUN 513	Su 16	5.9	5.9	9/14	5.4	5.6	
COUN 552	Su 16	5.5	5.6	16/32	5.4	5.6	
COUN 515	Su 16	4.0	5.0	1/7 (note low response rate)	5.4	5.6	
COUN 515	Su 16	5.5	5.5	2/8 (note low response rate)	5.4	5.6	
COUN 515	F 16	5.5	5.5	6/10	5.6	5.7	
COUN 515	W 17	5.3	5.7	5/10	5.2	5.6	
COUN 515	Sp 17	5.5	5.2	4/11	5.1	5.3	
COUN 513	Su 17	5.8	5.8	4/12	5.0	5.2	
COUN 552	Su 17	5.9	5.9	11/31	5.0	5.2	
COUN 515	W 18	5.8	5.8	9/11	5.2	5.5	
COUN 515	Sp 18	5.9	5.8	7/9	5.5	5.7	
COUN 552	Su 18	5.7	5.8	17/36	5.4	5.7	
COUN 513	Su 18	5.6	5.4	7/14	5.4	5.7	
COUN 515	F 18	5.7	5.7	5/11	5.4	5.6	
COUN 571	F 18	5.3	5.8	10/12	5.4	5.6	
COUN 515	W 19	5.9	5.9	10/12	5.1	5.5	
COUN 579	W 19	5.8	5.9	19/27	5.1	5.5	
COUN 552	Su 19	5.5	5.8	6/14	5.4	5.6	
COUN 513	Su 19	4.6	5.4	23/33	5.4	5.6	
COUN 571	F 19	5.6	5.8	7/15	5.1	5.6	
COUN 514	W 20	5.5	6.0	2/6 note low response rate)	5.1	5.6	
COUN 579	W 20	5.4	5.5	23/34	5.1	5.6	
COUN 514	Sp 20	Quantitative Data not collected (re: Covid-19)					
COUN 515	F 20	5.5	5.5	2/6 (note low response rate)	5.5	5.7	
COUN 513	F 20	5.8	5.9	8/14	5.5	5.7	
COUN 571	F 20	5.8	5.9	6/11	5.5	5.7	
COUN 515	W 21	5.8	5.8	4/6	5.4	5.6	
COUN 579	W 21	5.6	5.9	19/32	5.4	5.6	
COUN 515	Sp 21	--	--	--	--	--	

STUDENT ADVISING & MENTORING

MCOUN Academic Advising

I advise approximately 15-20 CMHC and School Counseling students enrolled in the MCOUN program at OSU Cascades each year

OSU-Corvallis Masters and Ph.D. Student Dissertation Committee Service

Danielle Zandbergen, Serving as graduate council representative. Anticipated Graduation 2023

Diana Crespo, Serving as dissertation committee member. Anticipated Graduation 2022

Colby Parkinson, Serving as graduate council representative. Anticipated Graduation 2022

Tom Cooke, Serving as dissertation committee member. Graduated 2021

Marci Nelson, Served as dissertation committee member. Graduated 2019

Rebecca Bolante, Served as dissertation committee member. Graduated 2014

Student Research Assistants

Lauren Glass (MCOUN—Cascades)	Fall 2019—Spring 2021
Myranda Hudson (BA—Biology)	Fall 2019—Winter 2021
Christopher Madigan (MCOUN—Cascades)	Fall 2019—Winter 2020
Amy Hoag (MCOUN—Cascades)	Winter 2019—Spring 2020
Marjorie Gosling (MCOUN—Cascades)	Fall 2017—Spring 2019
Hannah Craig (MCOUN—Cascades)	Summer 2017—Spring 2019
Chelsea Ramsey (MCOUN—Cascades)	Fall 2018—Winter 2019
Allison Berl (MCOUN—Cascades)	Spring 2018—Summer 2018
Alia Beyer (MCOUN—Cascades)	Winter 2018—Summer 2018
Sara Cantu (PhD, Counselor Education—Corvallis)	Fall 2017
Meah Cukrov (BA, HDFS—Cascades)	Summer 2017
Caitlin Ecklund (MS COUN—Cascades)	Summer 2015—Spring 2016
Scarlet Caldwell (MS COUN—Cascades)	Summer 2015
Amy Winn (MS COUN—Cascades)	Summer 2015
Barbara Lehman (MS COUN—Cascades)	Summer 2015

C. SCHOLARSHIP & CREATIVE ACTIVITY

PEER-REVIEWED PUBLICATIONS

1. * Swank, J., & **Reese, R. F.** (2021). Do counselors and other helping professionals use nature-based counseling? Advance online publication. *The Journal of Creativity in Mental Health*.
2. * Holden, C., **Reese, R. F.**, & Seitz, C. (2020). Naturalness, Personality Traits, and Mindfulness Predict EcoWellness: Implications for Counseling Practice. *International Journal for the Advancement of Counselling*. pre-print doi: 10.31234/osf.io/yw5nz (Reese led data collection and wrote half of the manuscript). Impact factor not published; 2018 SJR Score: .33; 2018 Acceptance rate 20%.
3. * **Reese, R. F.**, Lewis, T. F., & Kothari, B. (2020). Nature connection changes throughout the lifespan: Generation and sex-based differences in EcoWellness. *Adulthood Journal*. (Reese led data collection and wrote the majority of the manuscript.) 2018 SJR Score: .155; Impact factor not published.
4. ° **Reese, R. F.**, & Gosling, M. (2020). The Group EcoWellness Model of Change: A conceptual framework for facilitating groups in nature. *The Journal for Specialists in Group Work* (Reese developed the curriculum and underlying conceptual model written about in the manuscript. Reese wrote the majority of the manuscript). 2018 SJR Score: .458 ; Impact factor not published.
5. ° * **Reese, R. F.**, Seitz, C. M., Gosling, M., & Craig, H. (2020). Using photovoice to foster a student vision for natural spaces on a college campus in the Pacific Northwest. *International Journal of Environmental Health Research*, 30(3), 296-311. doi: 10.1080/09603123.2019.1593950 (Reese developed the study objectives, study conceptualization, facilitated qualitative data collection, and led writing of the manuscript). 2017 Impact Factor: 1.433.
6. * Wolsko, C., Lindberg, K., & **Reese, R. F.** (2019). Nature-Based Physical Recreation Leads to Psychological Well-Being: Evidence from 5 Studies. *Ecopsychology*. (Reese wrote portions of the discussion/implications section). Impact factor not published; 2018 SJR Score: .293; current acceptance rate unavailable.
7. * **Reese, R. F.** (2019). Augmenting Master of Counseling student learning outcomes through interprofessional education experiences with Master of Fine Arts students. *Journal of Creativity in Mental Health*. doi: 10.1080/15401383.2019.1623736 (Reese led the conceptualization, collected data, analyzed data, and wrote the entirety of this manuscript). Impact factor not published; 2018 SJR Score: .242; current acceptance rate unavailable.
8. **Reese, R. F.**, Webster, L. C. & Biles, K. (2019). School counselor roles and opportunities in promoting ecowellness: Integrating nature connection in K-12 settings. *Professional School Counseling*, 22, 1-12. doi: 10.1177/2156759X19839651. (Reese led the conceptualization and wrote the majority of this manuscript). Impact factor not published; 2018 acceptance rate 29%.
9. * **Reese, R. F.**, & Lewis, T. F. (2019). Greening counseling: Examining multivariate relationships between ecowellness and holistic wellness. *Journal of Humanistic Counseling*, 58, 53-67. (Reese led the conceptualization, collected data, wrote the majority of the manuscript and led the data analysis interpretation). Impact factor not published; 2018 SJR Score: .33; 2018 Acceptance rate 20%.
10. * **Reese, R. F.** (2019). A qualitative exploration of the barriers and bridges to accessing K-12 outdoor environmental education programming. *Journal of Outdoor & Environmental Education*, 22, 21-37. doi: 10.1007/s42322-018-0019-4. (Reese led the conceptualization, collected data, analyzed data, and wrote the entirety of this manuscript). Impact Factor not published; 2018 acceptance rate 58%.
11. **Reese, R. F.** (2018). EcoWellness: Contextualizing nature connection in traditional clinical and educational settings to foster positive childhood outcomes. *Ecopsychology*, 10(4), 289-300. doi: 10.1089/eco.2018.0031 (Reese wrote the entirety of this manuscript). Impact factor not published; 2018 SJR Score: .293; current acceptance rate unavailable.

PEER-REVIEWED PUBLICATIONS (continued)

12. ° **Reese, R. F.**, Hadeed, S., Gosling, M., & Craig, H. (2018). EcoWellness: Integrating the natural world into wilderness therapy settings with intentionality. *Journal of Adventure Education & Outdoor Learning*. Advance online publication. doi: 10.1080/14729679.2018.1508357 (Reese led the conceptualization, synthesized and wrote the majority of the manuscript). 2018 SJR Score: .495; RG 2018 Impact Factor: .82
13. * **Reese, R. F.** (2018). Adult stakeholder perceptions of 4th grade participation in Children's Forest environmental education programming. *Environmental Education Research*, 24(8), 1211-1223. doi: 10.80/13504622.2018.1471667 (Reese led the conceptualization, collected data, analyzed data, and wrote the entirety of this manuscript). Impact Factor: 2.595.
14. **Reese, R. F.** (2016). EcoWellness & guiding principles for the ethical integration of nature into counseling. *International Journal for the Advancement of Counselling*, 38, 345-357. doi: 10.1007/s10447-016-9276-5 (Reese wrote the entirety of this manuscript). 2018 SJR Score: .309; RG 2016 Impact Factor: .52
15. ° * **Reese, R. F.**, Seitz, C. M., Stroud, D., Lehman, B., Caldwell, S., Ecklund, C., & Winn, A. (2016). YouTube nature preferences: A content analysis study. *Journal of Humanistic Counseling*, 55, 183-199. doi: 10.1002/johc.12033 (Reese developed the objectives, led writing, and oversaw the analyses of the manuscript). Impact factor not published; 2016 SJR Score: .403; 3-5 year Acceptance rate 20%.
16. Wolsko, C., Marino, E., **Reese, R. F.***, Doherty*, T., Fisher*, S., Goodwin*, B., Green*, A., & Wirth*, A. (2016). Systems of Access: A multidisciplinary strategy for assessing the social dimensions of sustainability. *Sustainability: Science, Practice, and Policy*, 12, 88-100. (Reese wrote one specific section of the manuscript relating to wellness and nature). Impact Factor not published; 2016 SJR Score: .81; Acceptance rate 25%. *Denotes equal authorship
17. Purgason, L., Avent, J., Martin-Adkins, M., Cashwell, C., & **Reese, R. F.** (2016). Culturally relevant advising: An application of relational cultural theory in counselor education. *Journal of Counseling & Development*, 94, 429-436. doi: 10.1002/jcad.12101 (Reese led reorganization of manuscript, which included major edits). (2014 Impact factor: .81; 2018 SJR Score: .739; Acceptance rate between 10-15%).
18. **Reese, R. F.**, Myers, J. E., Lewis, T. F., & Willse, J. T. (2015). Construction and initial validation of the Reese ecowellness inventory. *International Journal for the Advancement of Counselling*, 37, 124-142. doi: 10.1007/s10447-014-9232-1 (Reese led in the writing, study conceptualization, and analyses). 2015 SJR Score: .319 RG Impact Factor: .45.
19. * **Reese, R. F.**, Lewis, T. F., Myers, J. E., Wahesh, E., & Iversen, R. (2014). Nature relatedness and holistic wellness: An exploratory study. *Journal of Humanistic Counseling*, 53, 63-79. doi: 10.1002/j.2161-1939.2014.00050.x (Reese developed the objectives, study conceptualization, collected data, and led writing of the manuscript). Impact factor not published; 2015 SJR Score: .386; 2014 Acceptance Rate: 8%.
20. ° * Seitz, C. M., **Reese, R. F.**, Strack, R. W., West, B., & Franz, S. (2014). Discovering natural spaces on a college campus for student to alleviate stress: A photovoice study. *Ecopsychology*, 6(2), 1-11. doi: 10.1089/eco.2013.0103 (Reese wrote the instruction, contributed to the discussion, and assisted with data interpretation) Impact factor not published; 2016 SJR Score: .44; 2013 Acceptance rate 66%.
21. Wolsko, C., & **Reese, R. F.** (2014). Interdependence in theory and practice: Guiding principles for an inclusive and sustainable field. *Ecopsychology*, 6, 52-54. doi: 10.1089/eco.2014.0009 (Reese co-wrote manuscript). Impact factor not published; SJR Score: .44; 2013 Acceptance rate 66%.
22. **Reese, R. F.**, Young, J. S., & Hutchinson Jr., G. A. (2013). Preparing counselors-in-training for private practice: A course in clinical entrepreneurship. *The Professional Counselor*, 3, 22-33. (Reese led writing of manuscript, collecting interview data, and summarizing themes). Impact factor not published; 2013 Acceptance rate 26%.

PEER-REVIEWED PUBLICATIONS (continued)

23. **Reese, R. F.**, & Myers, J. E. (2012). EcoWellness: The missing factor in holistic wellness models. *Journal of Counseling & Development*, 90, 400-406. doi: 10.1002/j.1556-6676.2012.00050.x (Reese led in the conceptualization and writing of this manuscript) 2012 Impact factor: .62; SJR Score: .479; Acceptance rate between 10-15%.
24. Brubaker, M., D., Puig, A., **Reese, R. F.**, & Young, J. (2010). Actively engaging hearts and minds: How teaching emancipatory communitarianism can impact students in a counseling theories course. *Counselor Education & Supervision*, 50(2), 88-102. (Reese co-wrote manuscript, including writing about his observations/experiences as a participant in the class). 2010 Acceptance rate 11.4%; SJR Score: .373; Impact factor not published.
25. Wingfield, R. J., **Reese, R. F.**, & West-Olatunji, C. A. (2010). Counselors as leaders in schools. *Journal of Educational Administration & Policy* 4(1), 114-130. (Reese co-wrote manuscript). Impact factor not published; acceptance rate unavailable.

PEER-REVIEWED MANUSCRIPTS (under review)

26. °* **Reese, R. F.**, DeMeyer, M., Hoag, A. Glass, L., Madigan, C., & Avent Harris, A. (revised and resubmitted). EcoWellness in group counseling: A CQR study of the fishing for wellness program. *The Journal for Specialists in Group Work*.
27. * **Reese, R. F.**, Swank, J. & Sturm, D. (revised and resubmitted). A national survey of helping professionals on climate change and counseling. *The Journal of Humanistic Counseling*.
28. * Seitz, C., **Reese, R. F.**, & Holden, C. (under review). Park enjoyment and secondhand exposure to substance use and litter: A crowd-sourced vignette study. *Journal of Leisure Research*.

PEER-REVIEWED MANUSCRIPTS (in development)

1. °* **Reese, R. F.** & Swank, J. (anticipated May 2021 submission). EcoWellness through the lens of youth: A photovoice study. Will be submitted to *Journal of Child and Adolescent Counseling*.
2. * **Reese, R. F.**, Holden, C. & Seitz, C. (anticipated June 2021 submission). Development and replication of the REI-15: A validation study. Will be submitted to *Measurement and Evaluation in Counseling and Development*. 2019 Impact Factor: 1.851
3. * **Reese, R. F.**, Holden, C. (anticipated August 2021 submission). Covid-19 and EcoWellness: EcoWellness predicts anxiety and depression? Will be submitted to *Journal of Humanistic Counseling*.
4. * Brown, C., Christian, D. & **Reese, R. F.** (anticipated October 2021 submission). Adventure based counseling and EcoWellness: Maximizing adventure experiences with K-12 students and clients. Will be submitted to *Journal of Experiential Education*.
5. *Reese, R. F., & Gleason, B. (anticipated January 2022 submission). EcoWellness and counselor education: Do students and faculty differ on attitudes toward nature-based counseling practice? Will be submitted to *Counselor Education & Supervision*.
6. °* **Reese, R. F.**, Craig, H., Hoag, A., & Gosling, M. (anticipated July 2022 submission). The effects of room environment on the psychophysiological stress of practicum students. Will be submitted to *Counselor Education & Supervision*. 2017 Impact Factor: 1.40
7. * **Reese, R. F.** Swank, J., & Kothari, B. (collaboration in process; anticipated September 2022 submission). Development and validation of the youth EcoWellness survey. Will be submitted to *Measurement and Evaluation in Counseling and Development*.

Google Scholar Data of Publications to Date (as of May 2021):

<https://scholar.google.com/citations?user=ykDMS9YAAAAAJ&hl=en>

Citations = 500

h-index = 9

i-10 index = 9

BOOK

1. **Reese, R. F.** (in progress—anticipated June 2024 submission). *Natural approaches to optimal wellness: Integrating ecowellness into counseling*. New York, New York: Routledge Taylor & Francis Group.

BOOK CHAPTERS

1. **Reese, R. F.** (2015). EcoWellness theory and clinical applications. *Encyclopedia of Theory in Counseling and Psychotherapy*.
2. **Reese, R. F.** (2014). EcoWellness: Connecting youth with nature to overcome adversity. In M. T. Garrett (Ed.), *Youth and adversity: Psychology and influences of child and adolescent resilience and coping* (pp. 147-173). New York, New York: Nova Science Publishers, Inc.

REFEREED PRESENTATIONS (International, National, Regional, and State Conferences)

1. **Reese, R. F.**, Sturm, D., & Swank, J. (2021, June). *A survey study of counselors and climate change*. Association for Humanistic Counseling National Convention, Online Conference.
2. **Reese, R. F.**, & Glass, L. (2021, April). *A qualitative study of the fishing for wellness project: Implications for group work*. American Counseling Association National Convention, Online Conference.
3. **Reese, R. F.**, & Sturm, D. (2020, November). Climate change, nature (dis)connection, and counselor education: A roundtable discussion. Western Association for Counselor Education & Supervision Conference, Tucson, Arizona. Conference cancelled because of Covid-19.
4. **Reese, R. F.**, & Gleason, B. (2020, November). Attitudes toward ecowellness in counselor education: A mixed methods study. Western Association for Counselor Education & Supervision Conference, Tucson, Arizona. Conference cancelled because of Covid-19.
5. **Reese, R. F.**, & Glass, L. (2020, April). *A qualitative study of the fishing for wellness project: Implications for group work*. American Counseling Association National Convention, San Diego, California. Conference cancelled because of Covid-19.
6. Sturm, D., Daniels, J., Stauffer, M., & **Reese, R. F.** (2020, April). *Counselors & the climate crisis: Mental health and social justice advocacy implications*. American Counseling Association National Convention, San Diego, California. Conference cancelled because of Covid-19.
7. Christian, D., **Reese, R. F.**, & Brown, C. (2019, October). *Learning through adventure: Using a study abroad experience to teach nature-based counseling*. Association for Counselor Education & Supervision National Conference, Seattle, WA.
8. **Reese, R. F.** (2019, March). *EcoWellness: The natural approach to counselor self-care*. American Counseling Association National Convention, New Orleans, Louisiana.
9. **Reese, R. F.** (2019, March). *The effects of naturescapes on counselor trainee development and client outcomes*. American Counseling Association National Convention, New Orleans, Louisiana.

REFEREED PRESENTATIONS (continued)

10. **Reese, R. F.** (2018, November). *EcoWellness & self-care: Practical methods for exploring the human-nature connection in counselor education*. Western Association for Counselor Education & Supervision Conference, Santa Rosa, California.
11. **Reese, R. F.**, Beyer, A., Craig, H., & Gosling, M. (2018, November). *"I feel fine": Using wearable biosensors to monitor student stress during counseling sessions*. Western Association for Counselor Education & Supervision Conference, Santa Rosa, California.
12. **Reese, R. F.** (2017, November). *EcoWellness: Integrating the natural world into experiential education and therapy settings with intentionality*. Annual International Association for Experiential Learning Conference, Montreal, Quebec.
13. **Reese, R. F.** (2017, March). *The fishing for wellness project: Healing through mindfulness on and off the water*. American Counseling Association National Convention, San Francisco, CA.
14. **Reese, R. F.** (2016, November). *Principles for the ethical integration of ecowellness in counselor education*. Western Association for Counselor Education & Supervision National Conference, Vancouver, B.C.
15. **Reese, R. F.** (2016, November). *Advancing entry-level counseling skills through reciprocal learning opportunities with masters of fine arts students*. Western Association for Counselor Education & Supervision National Conference, Vancouver, B.C.
16. **Reese, R. F.**, Ecklund, C., & Lehman, B. (2016, May). *Nature on a screen: A YouTube content analysis*. Association for Humanistic Counseling National Conference. Portland, OR. Personal family emergency resulted in presentation cancellation.
17. **Reese, R. F.** (2016, May). *Infusing the natural world into counseling*. Association for Humanistic Counseling National Conference. Portland, OR. Personal family emergency resulted in presentation cancellation.
18. **Reese, R. F.** (2015, October). *EcoWellness: Integrating a Nature-Based Counseling Curriculum into your Counselor Education Program*. Association for Counselor Education & Supervision National Conference, Philadelphia, PA.
19. Purgason, L., Avent, J., **Reese, R. F.**, & Jordan, M. (2015, October). *It Takes Two to Make a Thing Go Right: Culturally Responsive Advising*. Association for Counselor Education & Supervision National Conference, Philadelphia, PA.
20. **Reese, R. F.** (2015, April). *Contextualizing the human-nature relationship in counseling through EcoWellness*. Integrated Network for Social Sustainability National Conference, Bend, OR.
21. **Reese, R. F.** (2014, November). *EcoWellness in counselor education: Developing and implementing a nature-based counseling course at your university*. Western Association of Counselor Education & Supervision Conference, Anaheim, CA.
22. Lewis, L., & **Reese, R. F.** (2014, November). *Integrating relational cultural theory into counselor education and training*. Western Association of Counselor Education & Supervision Conference, Anaheim, CA.
23. Reese, R. F. (2014, March). *EcoWellness assessment and strategies: Integrating the natural world effectively into professional counseling practice*. American Counseling Association National Convention, Honolulu Hawaii. Learning Institute Series. 3 CEU's.
24. Willis, B. T., & **Reese, R. F.** (2013, October). *Critical transformation: Using student critical incidents as a catalyst for counselor development*. Association for Counselor Education and Supervision Annual Conference, Denver, CO.

REFEREED PRESENTATIONS (continued)

25. Hope, K., & **Reese, R. F.** (2013, October). *Facilitating social justice awareness: Expanding counselor educator strategies in challenging environments*. Association for Counselor Education and Supervision Annual Conference, Denver, CO.
26. Stroud, D., Biles, K., Ford, A., Kelley, K., Donaldson, C., & **Reese, R. F.** (2013, October). *Innovative clinical mental health and school counseling practica: Researching process and outcomes*. Association for Counselor Education and Supervision Annual Conference, Denver, CO.
27. **Reese, R. F.**, Martin-Adkins, M., & Lewis, L. (2012, November). *Keepin' it real: Authenticity as counselor educators*. Western Association of Counselor Education & Supervision Conference, Portland, OR.
28. Wahesh, E., & **Reese, R. F.** (2012, March). *An exploratory study of nature-relatedness and substance use*. American Counseling Association Annual Conference, San Francisco, CA.
29. **Reese, R. F.**, & Myers, J. E. (2012, February). *EcoWellness: Theory, evidence, and applications*. North Carolina Counseling Association Annual Conference, Greensboro, NC.
30. **Reese, R. F.**, & Iversen, R. (2012, February). *Relationships between nature and holistic wellness*. North Carolina Counseling Association Annual Conference, Greensboro, NC.
31. Mobley, K. A., Mehta, S., Shannonhouse, L., & **Reese, R. F.** (2011, October). *Global perspectives: A comparative study of the impact of international immersion for counselor trainees*. Association for Counselor Education and Supervision Annual Conference, Nashville, TN.
32. Bartlett, K. A., Hemmann, E., Korn, J. S., **Reese, R. F.**, Sida, O., Sproul, A., & Weatherman, N. (2011, March). *Calling all master's students: Finding your way post-graduation*. American Counseling Association Annual Conference, New Orleans, LA.
33. **Reese, R. F.**, & Clark, M. A. (2010, November). *Large group intervention as a means to promote help-seeking behaviors in 5th grade boys*. North Carolina School Counselor Association Annual Conference, Greensboro, NC.
34. **Reese, R. F.** (2010, March). *Constructing gender friendly school counseling practices: Utilizing boys' strengths to overcome barriers to help-seeking*. American Counseling Association Annual Conference, Pittsburgh, PA.
35. **Reese, R. F.**, Baggs, A., & Young, J. (2010, March). *First and second year counselor trainees' perceptions of leadership characteristics: A praxis of social advocacy*. American Counseling Association Annual Conference, Pittsburgh, PA.
36. **Reese, R. F.** (2010, February). *Constructing gender friendly school counseling practices: Utilizing boys' strengths to overcome barriers to help-seeking*. Graduate Student Council Conference, Gainesville, FL.
37. **Reese, R. F.**, & Clark, M. A. (2009, October). *Targeting boys' strengths to facilitate help-seeking in our schools*. Florida School Counseling Association Annual Conference, Orlando, FL.
38. Brubaker, M. D., Puig, A., **Reese, R. F.**, & Young, J. (2009, October). *Actively engaging hearts and minds: How teaching emancipatory communitarianism can impact students in a counseling theories course*. Association for Counselor Education and Supervision Annual Conference, San Diego, CA.

INVITED PRESENTATIONS & WORKSHOPS

1. **Reese, R. F.** (2021, April). *EcoWellness: Optimizing time outdoors*. OSU Cascades Science Pub, Bend, Oregon.
2. **Reese, R. F.** & Speciale, M. (2018, November). *Chi Sigma Iota (CSI) chapter leaders training*. Western Association for Counselor Education & Supervision National Conference, Santa Rosa, CA.
3. **Reese, R. F.** (2018, May). *EcoWellness: Methods for effectively integrating the natural world into counseling practice*. Chi Sigma Iota, Omicron Sigma Upsilon Chapter Continuing Education Workshop, Bend, Oregon. 6.0 CEU's.
4. **Reese, R. F.** (2018, April). *Bridges and barriers to kindness: A campus culture conversation*. Oregon State University Cascades, Campus Diversity Week.
5. **Reese, R. F.** (2017, October). *The Ethical Implications of EcoWellness Counseling Practice*. Western Kentucky University.
6. **Reese, R. F.** (2017, June). *Developing a plan for your EcoWellness: In and out of the workplace*. St. Charles Behavioral Health, Bend OR.
7. Aasheim, L., & **Reese, R. F.** (2016, November). *WACES: CSI Chapter faculty advisors training*. Western Association for Counselor Education & Supervision National Conference, Vancouver, B.C.
8. **Reese, R. F.** (2016, October). *Ethically Infusing EcoWellness Into Counseling Practice Without Leaving the Office*. Western Kentucky University.
9. **Reese, R. F.** (2016, June). *From western to faculty member: Key learnings on becoming a researcher-practitioner*. Western Washington University PsychFest, **Keynote address**, Bellingham, WA.
10. **Reese, R. F.** (2016, May). *EcoWellness: Methods for effectively integrating the natural world into counseling practice*. Chi Sigma Iota, Omicron Sigma Upsilon Chapter Continuing Education Workshop, Bend, Oregon. 6.0 CEU's.
11. **Reese, R. F.** (2016, April). *EcoWellness counseling: Practical strategies and ethics for integrating the natural world into therapy*. Lewis & Clark Continuing Education Workshop, Portland, Oregon. 6.5 CEU's.
12. **Reese, R. F.** (2015, October). *Ethically Infusing EcoWellness Into Counseling Practice Without Leaving the Office*. Western Kentucky University.
13. **Reese, R. F.** (2015, June). *EcoWellness in context: Honoring Non-Dominant Nature Narratives in Counseling & Therapy*. Oregon Ecopsychology Symposium, Portland, OR.
14. **Reese, R. F.** (2015, April). *Infusing EcoWellness Into Counseling Practice Without Leaving the Office*. Chi Sigma Iota International Webinar Series.
15. **Reese, R. F.** (2015, April). *Optimal EcoWellness: Maximizing your Time in Nature*. Partners in Care Health Series Workshop, Bend OR.
16. **Reese, R. F.** (2014, November). *EcoWellness Strategies: Effectively Integrating Nature into Counseling*. Clinician's Network, Bend, OR.
17. **Reese, R. F.** (2014, March). *Integrating EcoWellness into Counseling & Therapy: Benefits & Implications*. Central Oregon Psychologists Association, Bend, OR.

UNFUNDED GRANTS

1. *The Fishing for Wellness Project* (2020), Fisher House Foundation Newman's Own Award, Requested \$50,000. Role: Principal Investigator

FUNDED GRANTS

1. *Climate Change, Environmental Education and Student Mental Health: Assessing collaboration between school counselors and science educators* (2020). Faculty Research Initiative Grant, Walden University. \$10,000. Role: Co-Principal Investigator
2. *EcoWellness Indoors: The effects of nature images and nature sounds on counseling relationship, counseling student outcomes, and client outcomes* (2017). Faculty Grant, College of Education, Oregon State University. \$4,000. Role: Principal Investigator
3. *Learning Innovation Grant* (2017). Oregon State University Cascades. \$5,100. Role: Principal Investigator
4. *Children's Forest of Central Oregon Evaluative Study* (2014). USDA Forest Service. \$30,000. Role: Principal Investigator
5. *EcoWellness: An Integrative Review of the Literature* (2012), UNCG Graduate School Summer Research Grant. \$2,000. Role: Principal Investigator
6. *EcoWellness: Construction & Validation of the Reese EcoWellness Inventory* (2012), Chi Sigma Iota, International Excellence in Research Grant, \$300. Role: Principal Investigator

D. SERVICE

OSU, OSU CASCADES & OSU COLLEGE OF EDUCATION SERVICE

- OSU Graduate Council Ex-Officio Member (September 2020—Present)
- OSU Cascades Research Excellence Committee (Co-Chair) (2020-2021)
- OSU Cascades Faculty Midterm Review Committee (Chair)
 - Winter 2021
 - Dr. Geoff Raynak
 - Dr. Ryan Scheirer
 - Dr. Silas Towne
- OSU Cascades Master of Counseling Tenure Track Professor Search Committee Chair (2020-2021)
- OSU Cascades Master of Counseling Clinical Professor Search Committee Chair (2020-2021)
- OSU Cascades Interim Director of Research Search Committee Member (August 2020)
- OSU College of Education Research & Scholarship Committee (2018—Present); Co-chair 2020-2021
- OSU College of Education Dean Search Committee Member (2019—2021)

OSU CASCADES & OSU SERVICE (continued)

- OSU Undergraduate Student Success Initiative (USSI) Faculty-Student Interactions Sub-Committee Member (2019-2020)
- OSU Cascades Master of Counseling Clinical Assistant Professor Search Committee Member (2020)
- OSU Cascades Master of Counseling Instructor Search Committee Member (2019)
- OSU Cascades Peer Review of Teaching (Chair)
 - Fall 2019—Dr. Christine Pollard
 - Winter 2019—Dr. Dina Ribbink
 - Fall 2018—Dr. Heather Broughton
 - Spring 2018—Dr. Scott Geddes
 - Fall 2017—Dr. Nicholas Dahl
- OSU Cascades Campus Culture Committee (2017—2018)
- OSU Cascades Research Excellence Committee (2016—2020)
- OSU College of Education Dean's Council (2016—2018)
- OSU College of Education Governance Committee Membership (2014—2017)
- OSU Master of Counseling Instructor Search Committee Chair (2017)
- OSU Cascades Centers of Excellence Committee (2016—2017)
- OSU Cascades Long Range Development Planning Task Force (2015—2017)
 - Health & Wellness Group
- OSU Cascades Graduate Recruitment and Program Support Coordinator Search Committee Member (2016)
- OSU Cascades CMH Placement Coordinator and Clinic Director Search Committee Chair (2016)
- OSU Cascades Academic Visioning Task Force (2014—2016)
- OSU Cascades Office Space Planning Committee (2014—2015)
- OSU Cascades Peer Review of Teaching
 - Fall 2014—Dr. Jeff Gautschi and Dr. Daniel Stroud
- OSU Cascades Safety Committee (2013—2016)

COUNSELING UNIT CURRICULUM DEVELOPMENT, LEADERSHIP, & SERVICE

- OSU Cascades Chi Sigma Iota (CSI) Chapter Faculty Advisor (2015-Present)
- Developing a Trauma-Informed Counseling class to add to the MCOUN curriculum at OSU (2018)
 - Included developing the course and identifying/addressing relevant CACREP standards
 - Included working with faculty at Corvallis and Cascades to make a curriculum revision through the curriculum review process at OSU
- Modification of MCOUN Curriculum (Summer 2017)
 - Worked with faculty at Corvallis and Cascades to allow students to take COUN 506 (Research Apprenticeship) as credit towards their MCOUN degree
 - Made this official change through OSU's curriculum review process
- Led modification of MCOUN final exam process to include final national exam (Winter 2017)
- OSU Cascades Counseling Unit (CAU) Program Lead (2015 – 2017)
 - Managed Cascades CAU Budget
 - Facilitated Part-time faculty hires and support
 - Coordinated annual course schedules, admissions, and student orientations
 - CAU Liaisoned for main campus
 - Met regularly with Associate Dean and other Program Leads
 - Facilitated student town hall meetings on bi-annual basis
 - Conducted nominations to graduate faculty
 - Quarterly MCOUN newsletter coordination
- Developed a Special Topics (599) course in *Foundations of EcoWellness Counseling* (2014)
- 2014-2015 Counseling Unit Self-Study & Site Visit CACREP Support
 - Syllabi Standardization
 - Aided in the gathering and writing of clinical placement information for Section III, Professional Practice, for CMH and School practicum and internship placements
- OSU Cascades Clinical Coordinator (2013 – 2016)
 - Built and maintained relationships with site hosts and supervisors throughout academic year
 - Assisted education placement coordinators in the placement of students at internship sites, and follow-up with sites when students and/or site supervisors have feedback regarding our students

- OSU Cascades Clinic Director (2013-14)
 - Coordinated and oversaw the OSU Clinic, including developing clinic crisis procedures and policies
 - Moved CMH practicum experience (COUN 514, 6cr) from community placements to the OSU clinic
 - Modified student evaluations, supervisor evaluations, Practicum Handbook, and created a handbook for doctoral students responsible for supervising masters students.
 - Liaisoned with contracts office, risk and legal offices
 - Coordinated with university and site supervisors, trained doctoral students to supervise our students, and supervising doctoral student supervision with masters students.
- Assessment Unification Committee (Co-Chair; 2016-2017)
 - Worked with MCOUN faculty at Corvallis and Bend campuses to unify assessment practices as the program implements CACREP 2016 standards

CENTRAL OREGON SERVICE

- Consultation/support to Shepherd's House leadership team regarding wellness curriculum (ongoing)
- Facilitated EcoWellness therapeutic growth groups at Shepherd's House (2013-2018)
- Consultation with the Community Counseling Center of the Confederated Tribes of Warm Springs, including leading two all day consultation experiences for the staff (as needed since Summer 2017).
- Leadership on the Steering Committee at STRIVE Middle/High School in Bend La Pine school district (ongoing)

PROFESSIONAL SERVICE

- Associate Editor—*Journal of Humanistic Counseling* (2021—Present).
- Association for Humanistic Counseling Humanistic Counseling Certificate Task Force (2021-Present).
- American Counseling Association Climate Change Task Force (2019-2021)
 - Co-developed guiding principles for addressing climate change in counseling profession and interest network within American Counseling Association
- Editorial Review Board Member—*Journal of Counseling & Development* (2017—Present).
- Editorial Review Board Member—*Journal of Humanistic Counseling* (2014—2021).
- Western Association for Counselor Education & Supervision Grant Committee Chair (2019-2020).
- American Counseling Association conference proposal reviewer (June 2019, 2018, 2017)
- Guest editorial board reviewer—*Ecopsychology* (June 2017; December 2020).

PROFESSIONAL SERVICE (continued)

- Guest grant application reviewer—National Geographic Society (March 2017).
- Guest editorial board reviewer—*Leisure/Loisir* (November 2015)
- Ad hoc Reviewer—*Journal Counselor Leadership & Advocacy* (2013—2015).
- Chi Sigma Iota—International Essay Contest Reader (2011-2012).

PROFESSIONAL AFFILIATIONS

American Counseling Association	American School Counselor Association
Association for Humanistic Counseling	Chi Sigma Iota International
Association for Counselor Education and Supervision	
Western Association for Counselor Education and Supervision	
International Association for Ecotherapy	
EMDR International Association	

E. AWARDS & RECOGNITION

Humanistic Advocacy and Social Justice Award	March 2020
Association of Humanistic Counseling	
Western Association for Counselor Education & Supervision Research Award	November 2018
Western Association for Counselor Education & Supervision	
Oregon State University Faculty Member of the Game	November 2018
OnPoint Community Credit Union	
Keep Oregon Well Mental Health Heroes Award	May 2017
Trillium Family Services, Portland, Oregon	
The Accomplished Under 40 Award	October 2014
<i>Cascade Business News</i> , Bend, Oregon	
Greensboro Graduate Scholar Award	August 2010 – May 2013
The University of North Carolina, Greensboro, North Carolina	
Western Association for Counselor Education & Supervision Graduate Student Award	November 2012
Western Association for Counselor Education & Supervision	

AWARDS & RECOGNITION (continued)

Marian Pope Franklin Award for the Doctoral Cohort	April 2011
The University of North Carolina, Greensboro, North Carolina	
Chi Sigma Iota International Leadership Fellow Award	January 2010 – June 2011
Chi Sigma Iota International, Greensboro, North Carolina	
Chi Sigma Iota International Entry-Level Student of the Year	January 2010
Chi Sigma Iota International, Greensboro, North Carolina	
Chi Sigma Iota Beta Chapter Entry-Level Student of the Year	November 2009
College of Education, University of Florida, Gainesville, Florida	
Everett L. Holden & Marian G. Holden Memorial Scholarship	August 2009
College of Education, University of Florida, Gainesville, Florida	
Chi Sigma Iota Beta Chapter First Time Conference Grant	March 2009
Chi Sigma Iota Beta Chapter, University of Florida, Gainesville, Florida	
Board of Education Summer Fellowship	July – August 2008
Office of Graduate Minority Programs, University of Florida, Gainesville, Florida	